

Kara's Adventures

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Story Building Activity

This book/kit represents the laser cut patch of Kara. **Whenever someone sees Kara on your vest, tote-bag, or banner they will know that you have contributed to Kara's adventure.** She is from Egypt. Included in this kit is an introduction about her life, culture, and clothing she wears. In addition, there are crafts, games, and recipes that will enhance your knowledge of her country and lifestyle.

Read Kara's story and take the laser cut patch of Kara on an adventure of your own. There are several pages of decorated stationery to write your adventures with Kara on. Don't forget to draw a picture of you and Kara. Pass your book around to your other friends so they can have fun with their own Kara patch as well. If you run out of pages to write your

stories on, you can always add more pages to the book or write on the back of the pages.

After you have completed your adventures with Kara you can **mail** or **email** copies of your stories to Patchwork Designs, Inc. and we will place these stories on Kara's web page it will be fun to see where Kara goes. We will not include full names on the website due to security issues. You will want to keep a laser cut Kara for yourself so you can remember the adventure you went on with her.

These kits can be shared to write stories in but can only be copied for the activity sheets or puzzles not in full for distribution. If you would like a copy of this book you can purchase it through Patchwork Designs, inc for only \$3.25.

Use these for Thinking Day events and other group projects.



Kara

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COLLECT OTHER PATCHES OR BOOKS ABOUT EGYPT.

- *Historically Speaking Egypt patch and manual.*
- *The Mystery of the Stolen Treasure. (bar and mystery patch)*



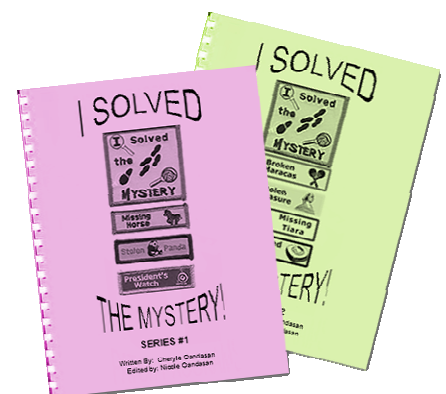
Elizabeth



Maria



Yoshiko



Kara's Adventures



Hi, my name is Kara, and I live close to the Nile River in Egypt. I live in a part of the Pharaoh's palace because my mother works for the Pharaoh's wife. The Pharaoh's wife likes using makeup and perfume, so my mother's job is to think of new perfumes and bottle them for her. I help my mother with this job everyday.

We use ingredients like fruit, flowers, honey, scented water, salt, and other things. We try to invent new scents and also bottle scents that have already been invented and that have become popular.



Since my mother and I work for the royal family, we have to dress a certain way. We wear long white linen dresses and sandals. We are never allowed to wear more jewelry and accessories than the pharaoh's wife, so I wear one gold collar on my dress, a gold bracelet, and a thin gold headband. My mother wears a wider collar that has gold and bright colors woven into it to make a beautiful pattern.

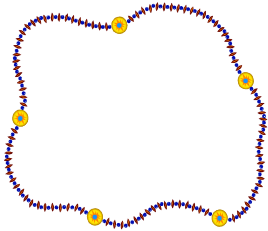
I also help take care of the children that live in the royal palace. I make sure that the children don't get in trouble, attend their classes, and stay in the parts of the palace that they are allowed to be in.



It is hot in Egypt, so I carry a fan to fan myself and other people. I live in the royal palace, so I am allowed to learn how to write *hieroglyphics*. *Hieroglyphics* are small pictures that represent a word. There are a lot of pictures, so it's very hard to learn. It will probably take years before I am even able to read one papyrus scroll.



We go to the *bazaar* once a week to sell our perfumes and buy food and other materials that we need, such as cloth. If we have a lot to carry to the *bazaar*, we borrow a camel and load it up with packages.



Whenever I have some free time, I like to make jewelry or play *mancala* with my mother. I also like to cook. We usually only get some vegetables and fish, but on special occasions we get meat and fruit.

Can you take me on an adventure and show me what your life is like? Use the following pages to write about our adventures together.

Extra information:

We have included crafts and recipes in this adventure book so you can create a gold necklace, play a game, or create a recipe from Kara's country.

For more fun representing Egypt check out the following programs we offer:

Historically Speaking Egypt Patch Program

I solved a Mystery of the Stolen Treasure Patch Program—

(series # 2)

Recipes

Cooked Pudding

- 1/3 cup of raisins
- 2 tablespoons of hot water
- 1 1/8 cup uncooked long grain white rice
- 3/4 cup of sugar
- 3 tablespoons of cornstarch
- 3 1/2 cups of milk
- 2 tablespoons of nuts (omit if needed)
- 1 sprinkle of cinnamon

Heat the milk until hot, but not boiling. In the meantime soak the raisins in hot water off to the side. Preheat oven to 400°F. Place sugar, rice, and cornstarch over medium heat. Gradually add milk to the mixture while you are stirring it. Let simmer for 15 minutes. Set aside.

Strain the raisins and place them on a paper towel. Place the raisins, vanilla, and nuts in the milk mixture. Butter a 9-inch baking dish and pour the liquid mixture inside.

Let cook for 40-45 minutes until golden brown. Take the pudding out of the oven and set it aside. Sprinkle with cinnamon and serve warm.

Egyptian Rice

- 1 pound of ground meat (hamburger or turkey)
- 1 small onion, chopped
- 2 cans of beef broth
- 2 tablespoons of soy sauce
- 1 teaspoon of Worcestershire sauce
- 1 small can of mushrooms, drained
- 1 cup of rice

Place meat in a saucepan to brown. Chop onion and add to mixture. Add all other remaining ingredients and stir until distributed evenly. Cover and simmer until rice is tender.

Easy Pita Pockets

- Pita pockets
- Deli meat
- Lettuce, cheese, and other dressings.

Slice open the pita pockets and stuff them with deli meat and other toppings. Enjoy.

Games

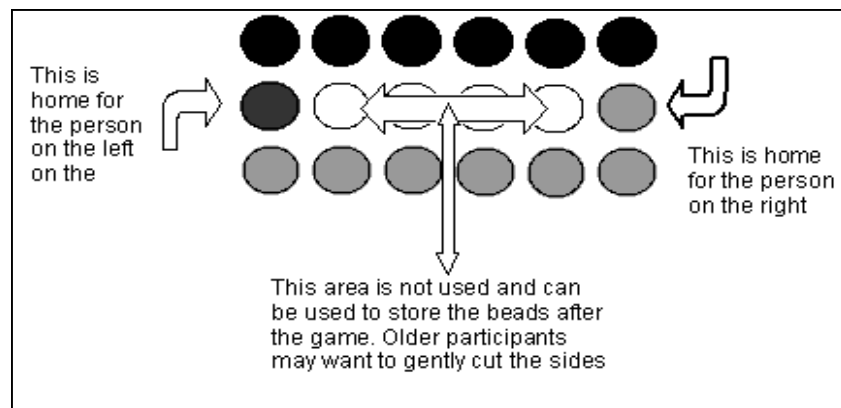
Mancala

One Empty egg carton (the type without holes in the top)
 beads or smooth stones (two different colors)
 Markers and/or construction paper to decorate the outside of the carton
 small paper boxes or cups (2 per game)

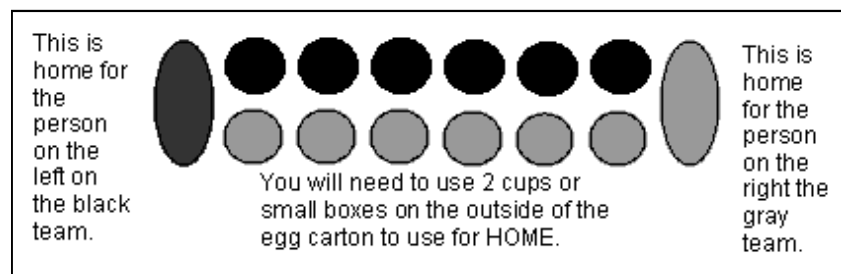
How to construct the game

Decorate the outside as desired. Place a paper box or cup at the end of each egg carton. This is the holder for the collection of each participants HOME game pieces. If you can locate a large egg carton that holds 18 eggs you may delete the cups.

Playing with a carton
 with 18 holes. →



Playing with a carton
 with 12 holes. →



The Game Mancala- is played with seven pits or holes-- six playing pits plus one score pit or HOME-- per player. At the beginning of the game, each of the (12) playing pits should contain 3 game pieces. To play, the player chooses one pit from which to start. Each piece in the pit is then placed, one at a time, into the successive pits, moving counter-clockwise around the board including the player's home (pieces do not go in the other player's home). Items placed in the HOME area are points for that player. If the last item during the play is placed in the player's own HOME, they get another turn. If the last piece is placed in an *empty* pit on their *own* side of the board, then they **Capture** the pieces in the opposite (their opponent's) pit. All captured pieces, as well as the capturing piece, are placed in the player's HOME. The game ends when all of the pits on one side of the board are empty. The player with pieces remaining gets to put them into their HOME. The winner is the player with the most pieces in their HOME pit.

You can also play this game via internet on this site www.imagiware.com/mancala

Kara's Word Search

S R S L K R O S A L A C N A M
 B C S P A Q D P A L A C E A H
 O A I A H I N E C K L A C E O
 B R Z H M I P N R O F U F L A
 G A W A P E N O U L V R H C R
 B K R J R Y V X J R C E H F A
 V Y Z F B J L S B C J V E B H
 P U U T Y E O G A X B I G Y P
 S M K A R W V M O M S R Y X G
 E L I A O E E U J R V E P I A
 N L A W X L A I Q P E L T N I
 H W V D U R Y S P X V I M L A
 M N O J N Y P H U B F N H Q N
 J L S R G A S I T R S I S A O
 B M P N C K S E Z Y E T I B I

Find the following words in the puzzle above. Some may be two or three words but they are found as one.

BAZAAR

EGYPT

KARA

NILE RIVER

PERFUME

SANDALS

CAMEL

HIEROGLYPHICS

MANCALA

OASIS

PHARAOH

SPHINX

CROWN

JEWELRY

NECKLACE

PALACE

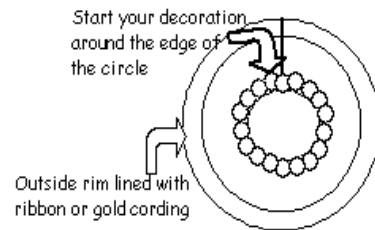
PYRAMIDS

TREASURE

Crafts

Egyptian Collar

16 inch circle of white felt
 scissors
 beads
 tacky glue
 self adhesive velcro or safety pins
 gold ribbon and assorted items for decoration



Cut out a 16 inch circle. An easy way would be to fold the material in half and cut out an 8" half circle.

Now cut out a 5 inch circle from the middle of the 16" circle, creating an opening in the back. Make sure the collar fits comfortably around the participants neck. Now proceed to apply self adhesive velcro on each open edge of the collar, so it can open and close. One strip on the top the other piece on the underside. If you are not using velcro, make sure the safety pins fit correctly before decorating.

Adhere ribbon, cording, beads, sequins, etc. to enhance your collar. Make your design colorful or eye catching.

Gold Beaded Necklace

Gold painted beads or shiny beads (available in bulk at local craft stores)
 Stretchy string or black cord

Cut the string long enough to go around the participants neck and over their head. Tie a knot on one end of the cord to make sure the beads can not fall off. Begin stringing the beads until the string is full. Tie a knot securing both ends together to finish the necklace.

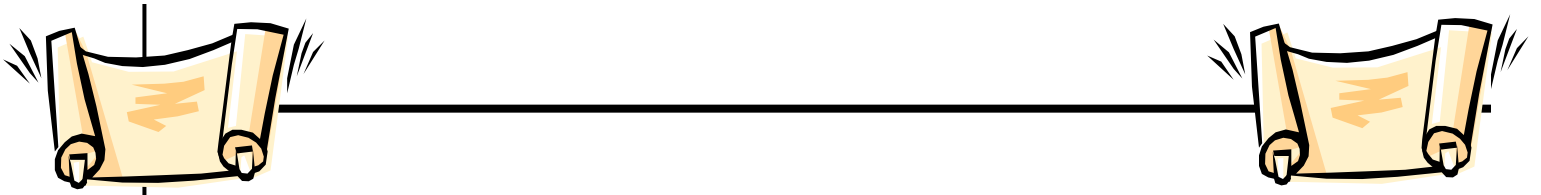
Another option: Add a gold charm or other assorted beads to the necklace.

Headband

Gold ribbon or Gold Stretchy trim

Cut the trim or ribbon to fit around the circumference of the head.
 Place it around the head and tie it in the back with a knot.



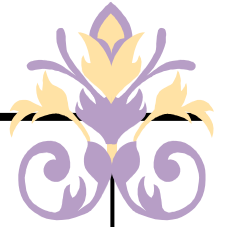


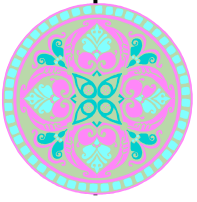
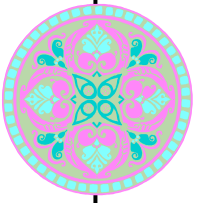
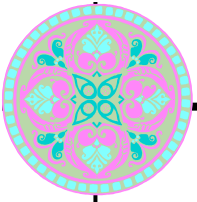


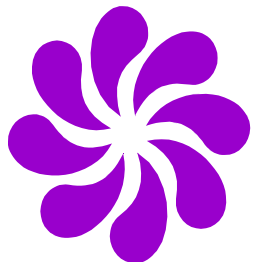
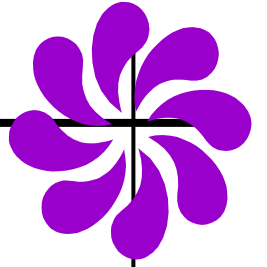


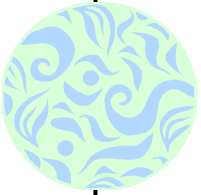
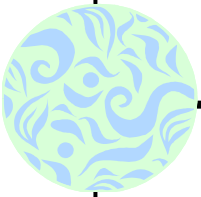


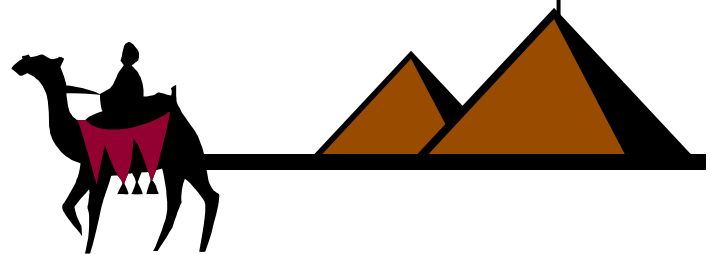
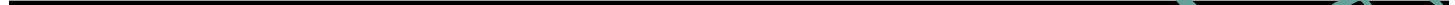


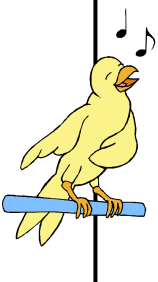


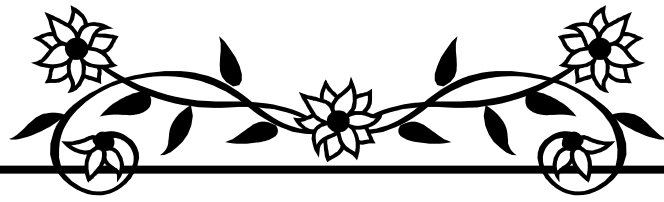














If you would prefer Priority Mail, please add \$2.00 to the \$4.99 or above shipping category.

Next day service is an average cost of \$28.00 (USPS determines the pricing according to the zone and weight.)

Patches	
1-5	\$3.55
6-20	\$4.99
21-30	\$5.99
31-50	\$6.50
51-70	\$6.99
71-100	\$9.55
101-150	\$10.55
151-200	\$13.00
201-400	\$15.99
401-500	\$17.50
Over 500	Contact us for pricing
Kits or Manuals (shipped Priority Mail)	
1	\$6.99
2	\$9.25
3-5	\$10.75
6-8	\$12.75
10-12	\$15.75
13-20	\$22.25
21-23	\$24.00
Over 24	Contact us for pricing

Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart.