ABOUT THIS ‘HISTORICALLY SPEAKING’ KIT

This kit was created to assist you or your group in completing the ‘Arizona Patch Program.’

Kits are books written to specifically meet requirement of our state’s patch program and help individuals earn the associated patch.

All of the information has been researched for you already and collected into one place.

Not all of the requirements of the patch program are covered in this kit. Selected requirements are included and you choose the ones you wish to complete according to the items given. Included are; state symbols, maps, crafts, games, recipes, coloring sheets, and more educational information. These materials can be reproduced and distributed to the individuals completing the program.

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If you have any questions, please feel free to contact Patchwork Designs, Inc. using any of the methods listed below.

ORDERING AND CONTACT INFORMATION

After completing the ‘Arizona Patch Program’, you may order the patch through Patchwork Designs, Incorporated. You may place your order in one of the following ways:

Mail
Checks and Money Order: Please send checks and money orders, payable to Patchwork Designs, Inc. to:

Patchwork Designs, Inc.
8421 Churchside Dr
Gainesville, VA 20155

Credit Card
Telephone your MasterCard or Visa order to (703) 743-9948. Leave your order and credit card number on our secure line.

Fax
Using these same card types, you may also fax your order to (703) 743-9942.

Online Store
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All information is secure.

Written By:
Cheryle Oandasan
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Historically Speaking Patch Program
A R I Z O N A  P A T C H  R E Q U I R E M E N T S

C O M P L E T E  3  R E Q U I R E M E N T S  T O  E A R N  T H E  P A T C H

1. Arizona, the 48th state, is also called the Valentine State because it became a state on February 14, 1912. On a USA map, find its capital. Research the state bird, flower and flag.

2. Arizona comes from the Native American word Arisonac, "little spring". The first settlers in Arizona were the Native Americans. The Hopi used sun-dried mud, known as adobe, to build homes called pueblos. The Navajo lived in buildings called hogans, a small structure made of a log and stick framework covered with mud. Some other tribes that occupied parts of today's Arizona include: the Papago, Apache, and Pima. Today there are over 15 reservations that Native Americans reside in. Choose a Native American activity to learn more about their culture. Examples are: visit a reservation or Native American celebration; construct a piece of pottery or pictographs; draw a picture of a village or clothing pieces.

3. In the early 1500's, Spanish explorers came to Arizona. They brought cattle and other farm animals to this state. Other well-known crops in Arizona are honeydews, grapefruits, tangerines, broccoli, lemons, lettuce and cauliflower. Name four farm animals and what food or product is created from them OR have a taste test of fruits and vegetables from Arizona. Examples: Cow: milk, cheese, yogurt and hamburger.

4. From the white Angelita Daisy to the yellow Desert Marigold, Arizona has a unique variety of wildflowers to observe. Visit a state or national park, observe wildlife, become a Junior Ranger, collect litter in the parks, take a nature hike or study the flowers, trees or animals in your area. 
http://www.us-national-parks.net/state/az.htm

5. Arizona is also known as the Grand Canyon state because this natural wonder is located in the northern part of the state. Discover more about the Grand Canyon, Painted Desert, Hoover Dam, or choose another terrain such as mountains, plains, deserts, farmland, or gullies or complete an outdoor activity. Some examples are swimming, biking, boating, fishing, horseback riding, rafting, or skiing. Make sure you have the proper training and equipment before you go on your adventure. If you cannot go on an adventure, you can draw a picture of yourself in the outdoors.

6. Wickenburg, Arizona is known as the Dude Ranch capital of the world. Research more about dude ranches, cowgirls or cowboys or visit a ranch, watch a rodeo, ride a horse, or draw a picture of a cowboy or girl. For extra, find out some of the equipment or clothing needed to ride a horse. 
http://www.kayelbar.com/

7. Sandra Day O'Connor was the first woman to be appointed to the U.S. Supreme Court. Research a famous person from Arizona and find out what they accomplished. Some examples are: Barbara Eden, Geronimo, Lynda Carter, Zane Grey, Sharlot Hall, Raymond Yazzie, and Kerri Strug.

8. The Four Corners monument is the spot in the United States where a person can stand in four states at the same time. What are the four states that you are standing in? Does it cost to visit this site? What is located beside it?
9. The world's largest solar telescope can be found in the Kitts Peak National Observatory and the original London Bridge was shipped stone-by-stone and reconstructed in Lake Havasu City. Research a museum, zoo, monument, art center or memorial of Arizona. For extra visit the facility. Examples are: Museum of Northern Arizona, Verde Canyon Railroad, Arizona Science Center, Schnepf Farms, or the Sonoran Sea Aquarium.

10. The State Fair is Arizona’s largest event, attracting thousands of people every year. Choose a festival to celebrate or learn more about. Some examples are Gold Rush Day, Wyatt Earp Days, Navajo Tribal Fair, Garlic Festival, and the Renaissance Festival.

11. Arizona’s traditional foods exhibit a southwestern flair. Try a food, have a taste test, or cook a dish. Some examples include guacamole, tortillas, chicken enchiladas, spinach dip, chili, salsa and chips.

12. In the mid 1800's, prospectors came from all over the nation to mine for copper. Today, Arizona is the leading producer of copper in the United States. Name three things made of copper, dig for minerals or pretend jewels, play our copper mining game or visit the Arizona mining and mineral museum. For extra find out what color copper turns when it tarnishes. You can purchase minerals, tumbled stones, from Patchwork Designs, Inc to have the participants dig for or find.

**Resources:**


**Websites viewed in 2007:**

Arizona: http://www.thingstodo.com/states/AZ/

Arizona: http://aztecnm.com/tourism/arizona/az-01.htm

Arizona: http://www.50states.com/bio/arizona.htm

Arizona: http://www.50states.com/arizona.htm

Arts and Crafts Village: http://www.tlaq.com/

Copper Information and other Minerals: http://www.jewelrysupplier.com/Properties_Links.htm

Native Americans: http://www.ic.arizona.edu/ic/kmartin/School/amer1.htm

Recipes: http://phoenix.about.com/od/recipes/
MY
ARIZONA
JOURNAL
Arizona is called the Valentine State because it became a state on February 14, 1912. *Locate Arizona, the 48th state, on a USA map and color it green.* Color all the other states any color you would like.

The 13 rays on the top half of the flag represent both the 13 original colonies of the Union, and the rays of the Western setting sun. The bottom half of the flag has the same Liberty blue as the United States flag. Since Arizona was the largest producer of copper in the nation, a copper star was placed in the flag's center.
Find these items on the map and color them.

The highest point in Arizona is Humphrey’s Peak. It is 12,633 feet tall. The lowest part is the Colorado River at 70 feet.

Color the National Parks, Arizona, and the surrounding states.

State Bird
Cactus Wren

Color the bird dark brown.

The beak and legs on the bird are light brown.

State Flower
Saguaro Cactus Blossom

The flower petals are white.

The center of the flowers are yellow.

Color the cactus green.
The first residents of the United States of America were the Native Americans. Each tribe had their own unique culture and style of living. Draw some symbols in the below box.
Native Americans, cowboys, and cowgirls rode horses for transportation, hunting, and entertainment. Horses sleep standing up, but if they feel safe, they will sleep lying down. An adult female horse is called a **mare**, the adult male is called a **stallion**. A **foal** is a horse not yet one year old; a **colt** is a young male and a **filly** is a young female. **Choose a breed of horse from the list below. Color it in its natural color.**

<table>
<thead>
<tr>
<th>Breed of Horse</th>
<th>Color</th>
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<tbody>
<tr>
<td>Painted Horse or Pinto</td>
<td>variety of colors all over the skin (no two are ever alike)</td>
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<tr>
<td>Mustang</td>
<td>Chestnut Brown</td>
</tr>
<tr>
<td>Palomino</td>
<td>Light Brown</td>
</tr>
<tr>
<td>Thoroughbred</td>
<td>Deep brown</td>
</tr>
<tr>
<td>Appaloosa</td>
<td>brown with a white spotted back end</td>
</tr>
</tbody>
</table>

Type of Horse________________________________ Type of Horse________________________________ Type of Horse________________________________ Type of Horse________________________________
Wickenburg, Arizona is known as the Dude Ranch capital of the world. In the 1880’s, cowboys and cowgirls rode horses, roped bulls, and competed in rodeos. Cowboys could rope and brand the cattle while on horseback. There were not many cowgirls in the 1800’s but many became expert riders and learned how to do tricks on horseback for the local rodeo shows. Some cowgirls dressed up like men so they could get jobs on ranches. Color the pictures of the cowboy and cowgirl.

**Cowboy Outfit:**
- **Hats:** Used to cover their head and protect their face from the sun.
- **Bandanas:** Usually red, used to cover the face while herding animals.
- **Gloves:** Protect the hands when working and roping animals.
- **Long Sleeve Shirts and Pants:** Protected their body from the sun and wind.
- **Chaps:** Used to cover the long pants and protect their legs while they are riding all day.
- **Knee High Boots:** Used to protect from thorns, brush, and animal bites.

**Cowgirl Outfit:**
- **Skirts:** Women were not allowed to wear pants so they had to wear long skirts to protect their legs from the wind, dirt, and sun.
Famous people of Arizona

Match the famous person to their accomplishment. Listed beside their name is where they were

Linda Ronstadt- Tucson, AZ
                   Novelist

Geronimo - Arizona Territory
                    Actress, Wonder Women

Lynda Carter - Phoenix, AZ
                   Singer

Zane Grey - born in Ohio, moved to AZ
                   Historian

Sharlot Hall - born in Kansas/moved to AZ age 12
                   Apache Native American

Gusta Thompson - AZ
                   Comedian

Kerri Strug - Tucson, AZ
                   Native American Basketmaker

Barbara Eden - Tucson, AZ
                   Actress- I Dream of Jeannie

David Spade - born in Michigan, raised in Scottsdale, AZ
                   Gymnast

Kate Spade - born in Michigan, raised in Scottsdale, AZ
                   Designer
The Four Corners Monument
Color it any color you like.
For extra, you can draw your self on the monument.

There is only one location in the United States where you can stand in four states all at one time. Those states are Arizona, Colorado, New Mexico, and Utah, that all meet in a single spot.

The Four Corners Monument is 67 miles west of Aztec and located entirely on a Navajo Native American reservation. If you visit this site, please respect their land and customs while you are on their property.

There is a small entrance fee for visitors, per car, to enter the reservation site. There is also a Native American trading post adjacent to the monument.
In the early 1500’s, Spanish explorers came to Arizona. They brought cattle and other farm animals to this state. Pictured below are five farm animals. Choose a food or product from the word bank that is derived from these animals or come up with a product on your own.
Examples: Cow = milk

**Word Bank**
- feathered pillow
- wool
- cheese
- steak
- bacon
- chicken
- sausage
- milk
- eggs
- ham

Arizona has the only bridge in the world built just for sheep.
**Chicken Enchiladas Made Easy**

- 12 six inch tortillas
- 1 package of chicken (4-5 medium pieces) cooked and cubed
- cooking oil
- red or green enchilada sauce
- 1 cup of sour cream
- 1 1/2 cup of Monterey jack cheese
- 1 4 oz can of green chilies (optional)

Place saucepan on the stove over medium heat, add cooking oil to cook chicken. Cook until chicken is completely done, place in medium sized mixing bowl. Mix chicken, sour cream, and green chilies together in bowl, set aside. Preheat oven to 350 degrees. Place oil in saucepan over medium heat. Sauté tortillas in pan to soften. Place on paper towels to drain. Place chicken mixture inside the tortilla and roll them closed, placing them in the 13X9 baking dish. Top with enchilada sauce and cheese. Bake for 30 minutes or until cheese is melted.

**Spinach Dip and Chips**

- 1 package of frozen spinach, chopped
- 2 cup of Monterey jack or mozzarella cheese (8 oz)
- 1 package of (8 oz) cream cheese
- 1 small onion (optional)
- 1 medium tomato
- tortilla chips

Thaw the spinach out. Squeeze out the excess water with a towel or strainer. Combine all the ingredients with an exception of 1/2 cup of cheese. Preheat oven to 350 degrees. Place the dip mixture in a baking dish and top with the remainder of the cheese. Bake until cheese is melted and bubbly on top. Serve warm with tortilla chips.

**Chips and Salsa**

- Salsa in a jar or cheese dip
- tortilla chips

Serve salsa and chips with a variety of chips and salsa variations.
Famous people of Arizona

Match the famous person to their accomplishment. Listed beside their name is where they were born.

Linda Ronstadt - Tucson, AZ
   Novelist

Geronimo - Arizona Territory
   Actress, Wonder Women

Lynda Carter - Phoenix, AZ
   Singer

Zane Grey - born in OH, moved to AZ
   Historian

Sharlot Hall - born in KS/moved to AZ age 12
   Apache Native American

Gusta Thompson - AZ
   Comedian

Kerri Strug - Tucson, AZ
   Native American Basketmake

Barbara Eden - Tucson, AZ
   Actress - I Dream of Jeannie

David Spade - born in MI, raised in Scottsdale, AZ
   Gymnast

Kate Spade - born in MI, raised in Scottsdale, AZ
   Designer
ORDER FORM

Please complete this form and mail or fax it to:

**Patchwork Designs, Inc.**
8421 Churchside Drive
Gainesville, VA 20155

(703) 743-9948 PHONE
( 703) 743-9942 FAX

You can add any additional items to this form that you may need for your event or group.

Name________________________________________
Address______________________________________
City________________________________ State_______ Zip___________
Phone ( _____ )____________________ Referred By:_____________________
Email Address: _________________________________

Discover/MasterCard/Visa# __________ - _______ - _______ - _______ or Check #_____

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SUBTOTAL $ 

Regular Shipping & Handling (view chart) $  

Special Shipping (next day, priority mail etc) $  

TOTAL ENCLOSED $
### ARIZONA PATCH REQUIREMENTS

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Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart. Patches, bracelet kits, and stamps can be added to any order falling within that price range. Otherwise, use the highest shipping amount on the chart according to the items ordered.