



National Patch Award Program Requirements

1. Visit the website of American Mothers, Inc.® at www.americanmothers.org
 - A) Read about the history of American Mothers, Inc.®.
 - B) Read about the current National Mother of the Year®.
 - C) Read about the current National Young Mother of the Year.
 - D) Write one of the above a letter or email and ask them what they have to do as Mother of the Year or Young Mother.
 - E) Share what you learn with your family, scout group or school group
2. Complete **one** (1) of the following:
 - A) Find out if there is a State Association of American Mothers, Inc.® in your state.
 - B) If there is a chapter of the State Association near you, attend one of their meetings or participate in an activity.
 - C) Invite a member of the State Association to speak to a group to which you belong.
 - D) Interview YOUR mother or grandmother to find out:
 - i. what was the easiest and what was the hardest about being a mother, and
 - ii. what they learned about being a mother from their mother.
3. Complete **four** (4) of the following:
 - A) Read about Anna Reeves Jarvis.
 - B) Write a paper about the events in history that grew into Mother's Day.
 - C) Share this paper with your school class, scout group, or family.
 - D) Write a letter to your mother or a woman you admire, thanking her for helping you as you grow toward adulthood.
 - E) Make a gift for your mother that represents your love for her.
 - F) Read the book "Gifted Hands" by Dr. Ben Carson, and write a paper on his mother's influence in his life.
 - G) Plan something special for your mother on Mother's Day.
 - H) If there is a homeless shelter for families in your town, find out how many mothers are there and take a small gift to each one on Mother's Day.
 - I) Read the book "Mothers Speak...For Love of Family" by Rosalie Fuscaldo Gaziano. Share with your family something you learned from the book about mothers.
 - J) Learn the requirements for becoming a Mother of the Year®. Through an organization that you know, such as your school, church group, scout troop, or a club, nominate and sponsor a mother for "Mother of the Year."
 - K) Write a paper on "What My Mother Means to Me." Ask your teacher to read it.
 - L) Invite your mother or another woman you admire to become a member of American Mothers, Inc.®. Find out how to become a member at www.americanmothers.org
4. Email a report to info@americanmothers.org and let us know what requirements you completed for the American Mothers, Inc.® Patch and what you learned. Include your name, city and state, the name of your advisor, and the name of the group with which you were working.