

# NEW HAMPSHIRE

## Historically Speaking Patch Program

### ABOUT THIS 'HISTORICALLY SPEAKING' KIT

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This **kit** was created to assist you or your group in completing the 'New Hampshire Patch Program.'

**Kits** are books written to specifically meet requirement of our state's patch program and help individuals earn the associated patch.

All of the information has been researched for you already and collected into one place.

Not all of the requirements

of the patch program are covered in a state kit. Selected requirements are included and you choose the ones you wish to complete according to items given.

**If you order the COUNTRY MANUALS that we offer, every requirement is covered and it is a 30-60 page booklet, including crafts, games, etc.**

These materials can be reproduced and distributed to the individuals completing the program.

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If you have any questions, please feel free to contact Patchwork Designs, Inc. using any of the methods listed below.

### ORDERING AND CONTACT INFORMATION

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# Historically Speaking New Hampshire Requirements

Complete 3 requirements to earn the patch

1. New Hampshire was one of the 13 original colonies. Which number was it? When did New Hampshire become a state? What is the state's nickname and why? What are the residents of the state called? What is the state motto?
2. Locate New Hampshire on a map of the USA. What is the name of the capital and locate it on a New Hampshire state outline.
3. Name the state bird, flower, and insect. Color in the state flag.
4. Learn about three famous people from New Hampshire. What are/were they famous for? Some examples are: Sarah Josepha Hale, Bode Miller, Franklin Pierce, Seth Meyers, Dean Kamen, Sarah Silverman, and Earle Silas Tupper.
5. New Hampshire has many fantastic foods. Experience two of New Hampshire's native foods by using some recipes.
6. New Hampshire is well known for many natural attractions. Obtain information about two attractions. Some examples are: American Stonehenge, Lost River Gorge, Boulder Caves, and Tuckerman's Ravine.
7. New Hampshire has many firsts because they were one of the first 13 colonies. Find out one of the firsts and the date it happened.
8. Choose one of these sites and find out where it is located: The space ship, Trojan Horse, USS Albacore, Boise Rock, Pollyanna Statue, Guinness World's Longest Candy Store, and the first primary voting place in USA. For extra, look up pictures of them.
9. Two Native American tribes were the original inhabitants of New Hampshire. Name them, learn what they ate, wore, and what type of housing they lived in.
10. New Hampshire has three granite "heads." They are Indian Head, Elephant Head, and The Old Man of the Mountain. The Old Man of the Mountain is the most famous. Who discovered it, what happened to it, and when?
11. Although New Hampshire has the shortest ocean shoreline of any state in the US, Hampton Beach has had many celebrities perform. Name the group of islands that poet Celia Thaxter founded—and where Blackbeard buried his treasure. Who discovered it and what was the original name?
12. There are 107 mountains in New Hampshire. Some are named after Native Americans and many are named after famous people. One group of mountains are called the "Presidential Mountain Range" - name each mountain in this range.
13. Many people in New Hampshire are very talented crafts people. Make an item that would be made in New Hampshire such as: pottery, wood work, sewing, cooking, quilting, and painting. For extra, research pictures of New Hampshire crafts.
14. Pretend you were a settler in New Hampshire. Find a list of job titles during the colonial time period. What job would most fit you?

## Bibliography [Special thanks to Troop 12046 of NH!]

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[www.coveredbridgehouse.com](http://www.coveredbridgehouse.com)

<http://www.poemhunter.com/robert-frost/>

<http://robertfrostfarm.org/>

<http://www.nhtourguide.com/recipes/index.htm>

<http://www.newhampshirefarms.net/articles/recipes/>

<http://www.visitnh.gov/media/nh-travel-and-tourism-information/new-hampshire-firsts.aspx>

[http://en.wikipedia.org/wiki/Nansen\\_Ski\\_Club](http://en.wikipedia.org/wiki/Nansen_Ski_Club)

## Books:

Marsh, Carole. *The Big New Hampshire Reproducible Activity Book*. New York: Gallopade International. 2001, Print.

Marsh, Carole. *My First Pocket Guide: New Hampshire*. New York: Gallopade International. 2005, Print.

## Recipes

### New Hampshire Cheddar Cheese Soup

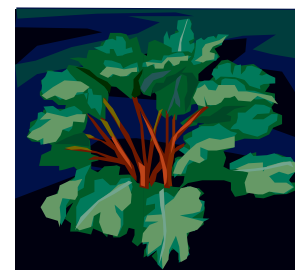
- 1 potato
- 1 onion
- 1/4 cup of carrot, chopped
- 1/4 cup of celery, chopped
- 1 cup of water
- 1 cup of cheddar cheese
- 2 cups of chicken broth
- 2 tablespoons of parsley
- 1/2 cup of half-and-half cream



Chop the potato and onion and add it to the carrot and celery. Cook them in 1 cup of water until they are tender. Drain the water out and add the cheddar cheese. Add the chicken broth, parsley, half-and-half. Heat them together slowly until blended and enjoy hot with bread.

### Rhubarb Pie—this recipe is 50+ years old!

- 1 1/2 cups of rhubarb, chopped
- 1 cup of sugar
- 1 egg, beaten
- 2 tablespoons of flour
- Pre-made pie crusts



Mix all the ingredients together. Lay the pie crust in the pan and pour the ingredients inside. Top the pie with the other pie crust and bake according to directions. Serve hot with ice cream or whipped topping.

### Spiced Apple Drink

- 3 teaspoons of grated orange peel
- 3 cinnamon sticks, crushed
- 3 teaspoons of whole cloves
- 1 whole nutmeg, crushed
- 3 cups of apple juice
- 6 Cinnamon sticks



Mix the orange peel, crushed cinnamon sticks, cloves and nutmeg. Heat up the apple juice until hot. Pour the hot juice over the mixture and let sit for 20 minutes. Strain the mixture. Place into cups and garnish each with a cinnamon stick.

**Potato Candy**—this recipe is 65+ years old!

1/2 cup of potato, mashed (or store bought mashed potato)  
 2 tablespoons of butter  
 1/4 pound of shredded coconut  
 1 pound of confectioners' sugar  
 1 teaspoon of vanilla extract  
 4 squares of chocolate  
 Salt to taste



Mix the mashed potato with the butter and then cool it off. Add the coconut, vanilla extract, salt, and sugar. Beat them together until creamy. Spray a pan with non-stick spray or use butter to prevent them from sticking. Spread the mixture into the pan until it's about 1/2 inch thick. Place in the refrigerator until chilled.

Melt the chocolate and spread it on top when the mixture is hardened. Place back in the refrigerator for 2 hours. When hardened again, cut into squares and enjoy.

**Molasses Cookies**

3/4 cup of shortening	1/4 teaspoon of salt
1 cup of brown sugar	1/4 teaspoon of ground cloves
1 egg	1/2 teaspoon of ground cinnamon
1/4 molasses	1/2 teaspoon of ground ginger
2 1/4 cups of all-purpose flour	Granulated sugar
2 teaspoons of baking soda	



Mix together the shortening, brown sugar, egg, and molasses. In a separate bowl, mix the flour, baking soda, salt, cloves, cinnamon, and ginger. Slowly pour the last "dry" ingredients into the first mixture and mix thoroughly. Chill the mixture for an hour.

Preheat the oven to 350 F. Roll the dough into about 1 1/4 inch balls. Dip the tops of the cookies into granulated sugar. Place them on a **greased** cookie sheet sugared side up. Bake 8-10 minutes. Enjoy hot. Makes about 20 cookies.

**Apple Crisp**

8 medium apples  
 2/3 cup of granulated sugar  
 1 cup of flour  
 1 cup of dark brown sugar  
 3/4 stick of butter  
 1 teaspoon of cinnamon

Preheat the oven to 350 F. Peel, core, and slice the apples. Place them in a deep dish pie plate. Sprinkle the granulated sugar over them and lightly stir. Slightly soften the butter. In a bowl, mix the flour, brown sugar, butter, and cinnamon until it looks crumbly. Spread over the apples in the pan. Bake uncovered for 1 hour, or until bubbly. Serve warm with ice cream or whipped topping.

## Colonial New Hampshire Doll

Corn husks, strips of cloth, or muslin  
String  
Permanent marker  
Yarn, fake curls, or thick string (optional)  
Hot glue and hot glue gun sticks (if doing hair)



Pick a long piece of corn husk, cloth, or muslin and fold it in half. Tie a piece of string about 1 inch and from the fold. This will be the doll's head. Roll another piece of corn husk, cloth, or muslin and put it between the layers of the first one. Tie another piece of string around the first piece of corn husk, cloth, or muslin, just below the part that you rolled. This will be your doll's arms. Tie another piece of string in the middle to make the doll's waist. Draw the doll's eyes, nose, and mouth with the permanent marker. If you are doing hair, cut the yarn, fake curls, or string to your liking and hot glue it on top. Now you have a doll to play with!

**Sachets-** Sachets were used to keep their clothing fresh since they did not get to launder their clothes everyday.

6X6 piece of cloth (calico or muslin)  
(12 inch) piece of ribbon (this can usually be purchased by the spool for .99 or less)  
Prepackaged potpourri (Dollar stores will generally have this for a reasonable price)

Take the piece of cloth and lay it flat. Place a handful of potpourri in the center, crumble the potpourri with your hands to make smaller pieces.

Carefully fold up each of the four corners of the cloth, hold them together to form a small bag.

Tie a piece of ribbon around the top of the cloth to close up the bag. Make sure there are no gaps in the sachet. Finish with a double knot and bow. Store in your drawer or closet to keep your clothes smelling fresh.



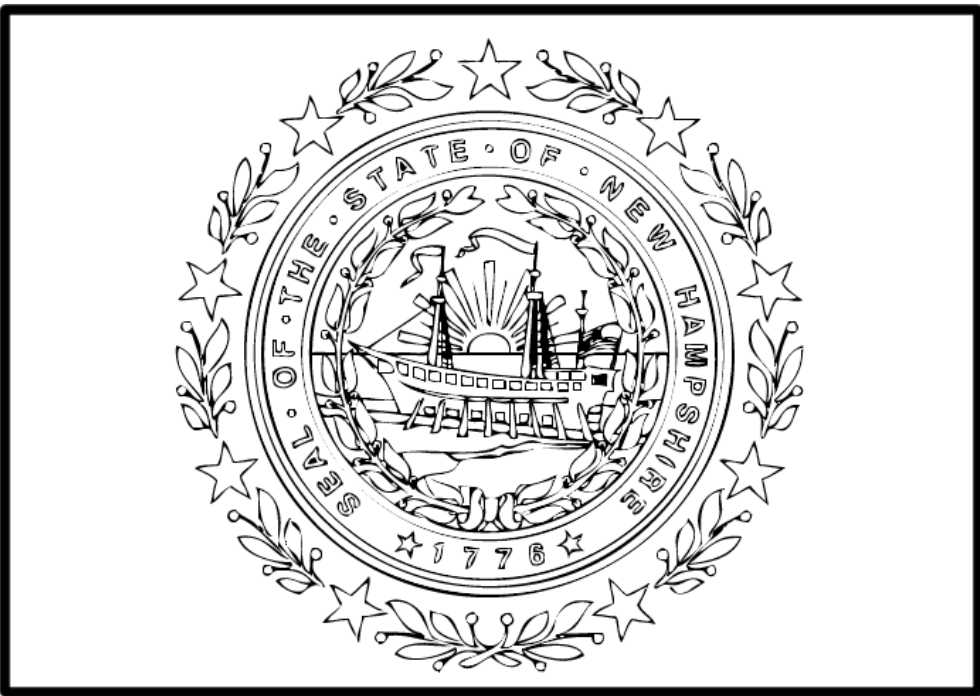
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# MY NEW HAMPSHIRE JOURNAL

Locate New Hampshire on the map. Color it blue.



New Hampshire is the first state to have its own state constitution. New Hampshire became a state in 1788. It is one of the original thirteen colonies, entering as #9.



**Color Key:**

- YELLOW: Lettering, stars, circles around the image, sun, land under the oars of the boat, outside wreath design and bow at bottom inside the ring.
- GREEN: Inside wreath design
- LIGHT BLUE: water under the boat
- DARK BLUE: background of flag and underneath the lettering.
- RED: Berries on the green wreath, flags and stripe on boat.
- WHITE: behind the sun

The official state flag of New Hampshire was adopted in 1909, but its design has been in use since 1784. The seal of the flag of New Hampshire has the ship named Raleigh and was used by America's navy and has a sun in the background. The date on the bottom is 1776 and a circle of stars and laurel leaves finishes the seal.

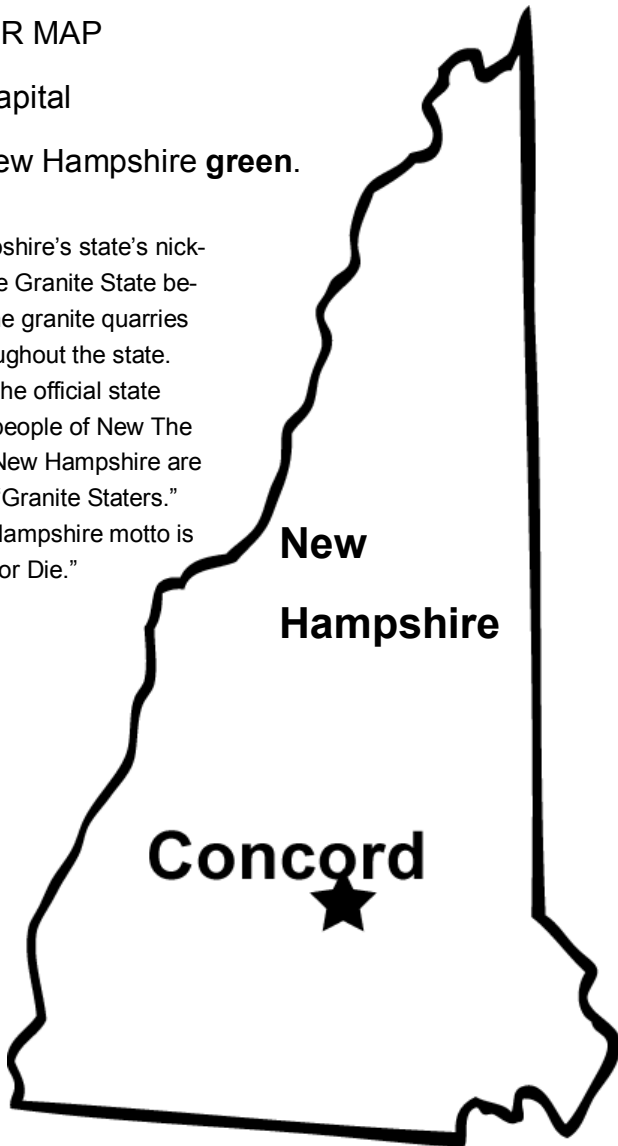
# State Outline and Symbols

## KEY FOR MAP

★ = Capital

Color New Hampshire **green**.

New Hampshire's state's nickname is the Granite State because of the granite quarries found throughout the state. Granite is the official state rock. The people of New Hampshire are called the "Granite Staters." The New Hampshire motto is "Live Free or Die."



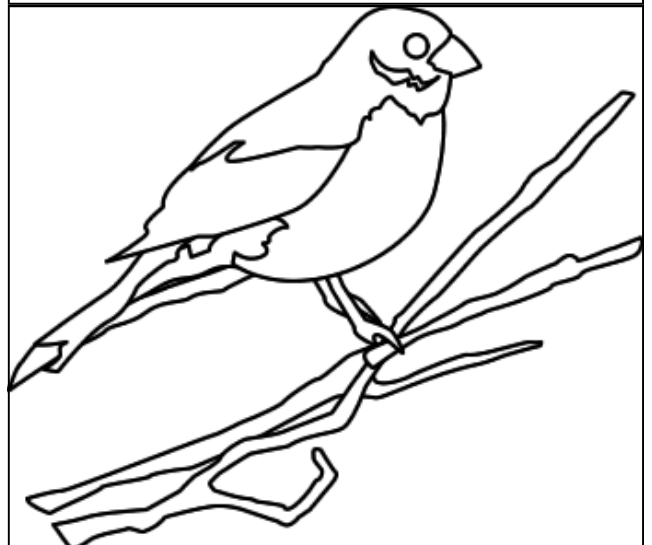
## State Flower: Lilac

Color these flowers a light purple.



## State Bird: Purple Finch

This bird is a light red brown for the head, a dark brown for the body, and a peach for the belly.



## State Insect: Ladybug

Color the body and dots black and the wings red.





# Famous People from New Hampshire

Match the person's name to their accomplishment or invention.

Sarah Josepha Hale

Invented the Segway

Bode Miller

Invented Tupperware

Franklin Pierce

Author of "Mary Had a Little Lamb" and made Thanksgiving a national holiday

Dean Kamen

Created the *Archie* comics

Daniel French

Created one of the largest flour, baked goods, and treats empire

Earle Silas Tupper

Skiing Olympic Gold Medal Champion

Eleanor Porter

Sculpted the Minute Men of Concord and the Abraham Lincoln Memorial statue in Washington, D.C.

Bob Montana

Author of Pollyanna stories

Charles Alfred Pillsbury

Wrote the Gaelic Symphony and was the first woman in America to publish a symphonic work

Amy Marcy Beach

14th President of the United States

Since New Hampshire was one of the 13th first colonies, they have a lot of firsts. Number the firsts in order according to the dates. The first one is completed for you.

In 1776, New Hampshire became the first of the 13 colonies to declare independence from Great Britain.	
In 1788, New Hampshire became the 9th state.	
In 1719, the first potato was planted in the United States at the Londonderry Common Field, New Hampshire.	1
In 1899, Feelan Stanley made the first motorized ascent of the Mount Washington auto road.	
In 1787, Levi Hutchins invented the first alarm clock.	
In 1938, the cannon aerial tramway was the first aerial passenger tramway in North America located at Franconia Notch.	
In 1919, the purple lilac was adopted as the first national symbol of New Hampshire.	
In 1961, Alan Shephard from New Hampshire was the first American in space.	
In 1789, Samuel Shelburne of Portsmouth New Hampshire was the first Attorney General of the United States.	
In early 1920, the Nansen Ski Club was founded in Berlin New Hampshire and is still open today.	

# Colonial Jobs in New Hampshire

K Z G O V Z N M H W R F D K W  
 R R A G O W I P O F O Y N C G  
 W S O G C L W O Z S L O A F R  
 N D C T L O D H M I I H H G S  
 H W K I C C O R U L A Z E R Q  
 L O N S A O O K S V T C L W M  
 D E U R R Y D G I E P V B G A  
 R A V S A D G J C R Q I A M E  
 Y E I M E R Z S I S P Y T R K  
 R R T R J K B M A M Y D S X S  
 J A E Q Y R E D N I B K O O B  
 W X I U R M X E O T B A K E R  
 V S P G M O A X P H C Z I Y Z  
 P C H N L D J N R E H C A E T  
 B L A C K S M I T H R T R B F

BAKER  
 COOK  
 HOUSEKEEPER  
 MUSICIAN  
 TAILOR

BLACKSMITH  
 DAIRYMAN  
 MAYOR  
 SILVERSMITH  
 TEACHER

BOOKBINDER  
 DOCTOR  
 MILLINER  
 STABLEHAND  
 WOODCARVER

Pretend you were a settler in New Hampshire. From the list above of colonial jobs, what job would most fit you?

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New Hampshire has a bronze sculpture of Pollyanna in an open arm pose on the lawn of the Littleton Library. *Pollyanna* was written by Eleanor H. Porter who was born in and grew up in Littleton, NH. The title character is named Pollyanna Whittier, a young orphan that lives with her Aunt Polly. Pollyanna's guides herself through life on what she calls "The Glad Game," she learned from her father. The game consists of finding something to be glad about in every situation.

Name one time that you made a bad situation better by thinking positive like Pollyanna.

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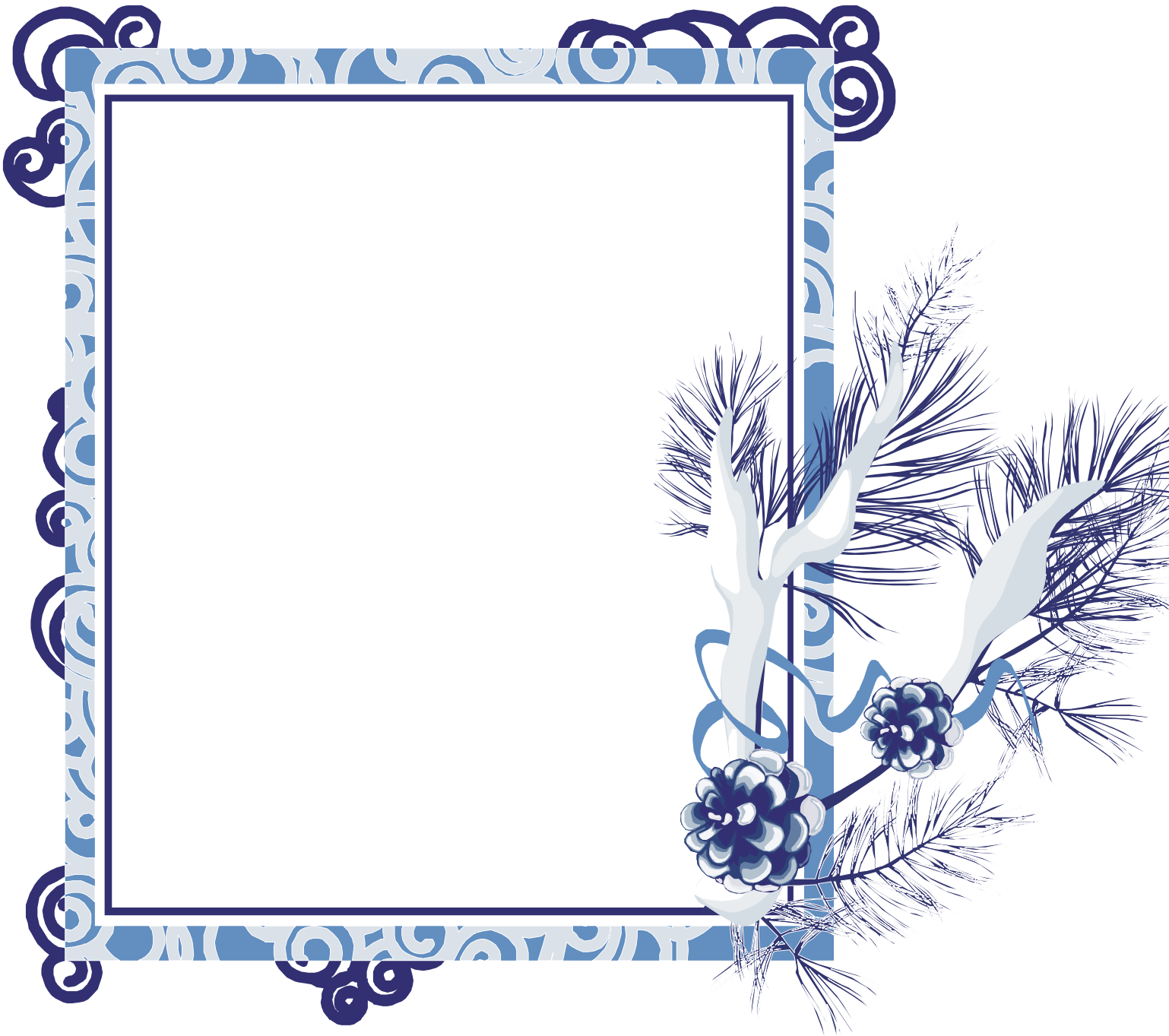
**Color the picture of Polly below.**



## Write Your Own Snowy Poem

Robert Frost spent much time in New Hampshire as a famous poet. He even won awards for his poetry. There is a Robert Frost Farm in New Hampshire where they hold contests for young poets. Below is the first line of his poetry called "A Patch of Old Snow."

*Write your own poem about snow below.*



# Solution

+ + + + + + + M + W R + D + +  
+ R + + + + I + O + O + N + +  
+ + O + C L + O + S L + A + +  
+ + + T L O D + M I I + H + +  
H + + I C C O R U L A + E + +  
+ O N + A O O K S V T + L + +  
D E U R + Y D + I E + + B + +  
R A V S A + + + C R + + A + +  
+ E I M E + + + I S + + T + +  
R + + R + K + + A M + + S + +  
+ + + + Y R E D N I B K O O B  
+ + + + + M + E + T B A K E R  
+ + + + + + A + P H + + + + +  
+ + + + + + + N R E H C A E T  
B L A C K S M I T H R + + + +

(Over, Down, Direction)

BAKER (11, 12, E)	HOUSEKEEPER (1, 5, SE)	TEACHER (15, 14, W)
BLACKSMITH (1, 15, E)	MAYOR (4, 9, NE)	WOODCARVER (10, 1, SW)
BOOKBINDER (15, 11, W)	MILLINER (8, 1, SW)	
COOK (5, 3, SE)	MUSICIAN (9, 4, S)	
DAIRYMAN (1, 7, SE)	SILVERSMITH (10, 3, S)	
DOCTOR (7, 7, NW)	STABLEHAND (13, 10, N)	
	TAILOR (11, 6, N)	

# Firsts in New Hampshire—ANSWERS

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Author of "Mary Had a Little Lamb" and made Thanksgiving a national holiday

Dean Kamen

Created the *Archie* comics

Daniel French

Created one of the largest flour, baked goods, and treats empire

Earle Silas Tupper

Skiing Olympic Gold Medal Champion

Eleanor Porter

Sculpted the Minute Men of Concord and the Abraham Lincoln Memorial statue in Washington, D.C.

Bob Montana

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Charles Alfred Pillsbury

Wrote the Gaelic Symphony and was the first woman in America to publish a symphonic work

Amy Marcy Beach

14th President of the United States



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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_ Referred By: \_\_\_\_\_

Email Address: \_\_\_\_\_

Discover/MasterCard/Visa# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ or Check # \_\_\_\_\_

Item #	Description	Quantity	Unit Price	Total Price
New-Hampshire	New Hampshire Patch		\$1.75	\$
				\$
				\$
				\$
				\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
SUBTOTAL				\$
Regular Shipping & Handling ( <a href="#">view chart</a> )				\$
Special Shipping (next day, priority mail etc)				\$
TOTAL ENCLOSED				\$



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