

# ROYAL PRINCESS OR PRINCESS FOR A DAY

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## ABOUT THIS KIT

This **kit** was created to assist you or your group in completing the 'Princess For A Day'

**Kits** are books written to specifically meet the requirements for the patch program and help individuals earn the associated patch.

All of the information has been researched for you already and collected into one place.

Included are crafts, recipes, coloring sheets, and

other educational information. These materials can be reproduced and distributed to the individuals completing the program.

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If you have any questions, please feel free to contact Patchwork Designs, Inc. using any of the methods listed below.



## ORDERING AND CONTACT INFORMATION

After completing the 'Princess For a Day or Royal Princess Patch Program', you may order the patch through Patchwork Designs, Incorporated. You may place your order in one of the following ways:

### Mail

*Checks and Money Order:* Please send checks and money orders, payable to Patchwork Designs, Inc. to:

Patchwork Designs, Inc.  
8421 Churchside Drive  
Gainesville, VA 20155

### Credit Card

Telephone your MasterCard or Visa order to (703)743-9948. Leave your order and credit card number on our secure line.

### Fax

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### Email

[orders@patchworkdesigns.net](mailto:orders@patchworkdesigns.net)  
Email is not secure to send your credit card information. Though you can email orders if you have

any questions about ordering.

### Online Store

Customers may also order online through Patchwork Designs' website at: [www.patchworkdesigns.net](http://www.patchworkdesigns.net)

**All information is secure.**

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## REQUIREMENTS FOR BEAUTIFUL PRINCESS PROGRAM [LIMITED EDITION]

### COMPLETE 1 REQUIREMENT TO EARN THIS PATCH



1. Attend a dance or special princess themed event.
2. Watch a princess themed movie.
3. Create a princess themed craft.
4. There are many aspects of becoming a true princess. Choose one thing to learn or complete. Examples include: how to curtsy, proper table manners, how to set a table, good posture, dance, good deeds, thank you note, send secret codes, sing, be your beautiful self and give to the needy, or dress like a princess.
5. Read a story about a princess.
6. Create your own princess accessory. Example: Crown, glittery headband, ball mask, bedazzled mirror, or fan.
7. Fun food creations or decorated cakes are always an exciting to create. Create or serve fun food to feel the theme of princess. Decorate cupcakes or cookies; castle cake, princess sparkle punch, or heart shaped cookies.
8. Learn about different princess tips to take care of your body. Create a Example: Create lip gloss, clean and paint your nails, create bath salts, OR learn tips on skin, hair, and nail care.
9. Create royal stationery or invitations. Example: Royal notepad, quill, scroll, or invite.
10. Have a princess tea or attend a special event fit for a princess. For extra, learn about tea manners or create tea foods.

## REQUIREMENTS FOR PRINCESS FOR A DAY PROGRAM

### COMPLETE 1 REQUIREMENT TO EARN THIS PATCH



1. Pretend you are princess for a day. Create a magical land for princess by draping fabric or sheets over chairs for your castle, dress up in a pretty dress, try a new hair style, etc.
2. Learn how to be a proper princess. Choose two things to learn or complete. Examples include: how to curtsy, proper table manners, posture, confidence, dance, good deeds, decorate a crown, wear a crown, send secret codes, sing, or dress like a princess.
3. Have an event or party that is fit for a princess. This could be a tea party, simple finger foods, cakes, a royal ball, or friendship gathering. For extra create decorations or crafts for the event. Examples: Ice cream social with lots of toppings; teddy bear picnic; masquerade ball; Under the Sea (water fun); Spa Fun; Glamour Girl; or Fashion Show.
4. Princesses reside all around the world. Learn about a princess from another country. What type of clothing do they wear, jewelry, or crown? For extra, create your jewelry, crown, mask, or costume.
5. Princesses live in palaces within a kingdom. They know exactly where all the secret caves, gardens, trails, and waterways are. Do you have a special place you like to visit that makes you feel special? Do one of the following: Learn more about palaces and their different rooms; create a paper or diorama of a castle/palace or color a picture of a castle.
6. Bring your storybook visions to life by creating crafts from one of your favorite fairy tales. Examples: wands, treasure chests, crowns, hair combs, swords, unicorn magic dust, and much more.
7. Enhance your knowledge of the fairy tale or fantasy land by playing fun games that depict their themes. Examples include: kiss the frog, pass the slipper, sifting for gems, limbo, catch the fish, or a treasure hunt.
8. Create or serve fun food to feel the theme of 'Princess for a Day'. Decorate cupcakes or cookies; enjoy goldfish crackers; make Jello with Swedish fish; or do any recipes- castle cake, cupcakes, or seashell cookies.
9. Learn how to be healthy and take care of yourself inside and out. Examples include: Prepare healthy snacks; braid your hair or help someone with a hair style; make lip gloss or a facial mask.
10. Create a craft that has a princess theme. Example: princess crown/wreath, castle, carriage, or hair accessory.
11. Complete a service project to assist in your kingdom. Examples: collect pajamas, bears, socks, create stockings, or make a pinwheel for peace.

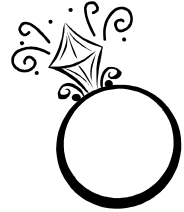
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## Dainty Princess Crafts

**Sparkly Princess Rings**  
**Glittery headband**  
**Enchanted Mirror**  
**Princess Ball Mask**  
**Princess Crown**  
**Mermaid Hair Clip**  
**Princess Fan**  
**Sweet Lip Gloss**  
**Fruity Lip Gloss**  
**Princess Bathing Salts**  
**The Royal Invitations**  
**Mask [Created from Cardstock]**  
**Royal Notepad**  
**Fluffy Feather Quill**  
**Cameo Necklace**  
**Princess Dance Slippers**  
**Princess Pencil Holder**

## Sparkly Princess Rings

Flat plastic gems  
Hot glue gun\*  
Flat button with a loop on the back  
Fingernail clippers or scissors



Glue rhinestones onto the button with the hot glue gun. Let dry. Place the pipe cleaner through the loop on the back of the button. Wrap the cleaner around your finger leaving at least an inch to twist the ends together. Clip the pipe cleaner with fingernail clippers or scissors. Twist the ends together until the ends are not exposed. Clip off the extra pipe cleaner with the fingernail clippers. Glue the end of the ribbon at the top of the pipe cleaner.

## Glittery Headband

Plastic headband  
Flat plastic gems  
Wire garland with stars, hearts, etc.  
Hot or cold glue gun\*  
Tape



Hot glue one end of the star wire to the headband end on the top of the headband. Wrap star wire around the headband. Glue the end of the wire to the other side. Hot glue a gem over end of the wire. Add and other gems on the empty spaces on the headband. Secure the sharp ends with tape.

## Enchanted Mirror

Hand Mirror, found a local dollar or craft store  
Newspaper  
Decoupage glue and wide sponge brush  
Princess paper, star themed or stickers



Begin by cutting out pieces of paper in small one inch or large pieces, they don't have to be all the same size. Choose a larger sticker or item to be the centerpiece for the back of the mirror. It can be a star, castle or princess character. Place the mirror upside down on a sheet of newspaper. Spread some glue on the bottom edge of the back of the mirror. Begin placing the printed paper pieces on the back of the mirror overlapping the pieces and covering the background until it is completely covered. Place the centerpiece in the middle. Cover the entire creation with one coat of decoupage glue. Let dry. If you need one more coat you can apply it when it dries.

## Princess Ball Mask

Plastic Mask, plain colored  
Feathers  
Flat plastic gems, ribbon and other items to decorate the mask  
Cold or hot glue gun\*

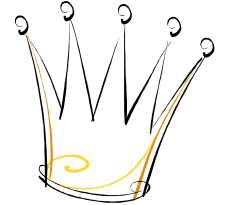


Lay the mask on a paper plate or newspaper. Using the materials you have, begin laying out where you would want to place them. Using a hot or cold glue gun apply the items to the mask. Let dry and wear it for a special occasion or for dressing up.

\*Adult supervision and assistance is needed when children are using a cold glue gun. Adults should use a hot glue gun.

## Princess Crown

Pattern in the back of this manual  
 White, cream, light pink, light blue, or light purple cardstock  
 Stick on rhinestones, glitter glue, feathers, etc. for decorating  
 Tape or stapler



Copy the pattern in the back of this manual (it has a design already!) and decorate the crown with stick on rhinestones, glitter glue, feathers, etc. Measure the strips for the head that is going to wear it and staple or tape together. Tape or staple the crown shape onto the strips when completely dry and wear your beautiful crown!

## Mermaid Hair Clip

Barrette clip (available at craft stores)  
 Hot glue gun with hot glue sticks  
 Seashells and a starfish (if desired)  
 Mermaid, marine, or sea inspired buttons (available at craft or fabric stores)  
 Ribbon, any color (if desired)



Tie the ribbon in a bow or make it accordion and hot glue onto the barrette clip, if using. Pick your buttons out and arrange on barrette. Hot glue them on—you may need more than one dot. Now pick out your seashells and/or starfish and arrange them too. Place hot glue on the item and then place it onto the clip, one at a time. Let dry completely and wear!

## Princess Fan

Colorful paper/ or scrapbooking paper(12X12)  
 Markers  
 Ribbon  
 Scissors /stapler  
 Hole punch



Use the markers to decorate the fan, before you fold it. Fold the paper accordion style, starting at the shorter end of the paper. Staple the fan about one inch from the bottom of the folded paper and punch a hole below the staple. Thread the ribbon through the hole and tie a bow. Spread the fan out one fold a time carefully so that the paper doesn't rip. Use your fan for a special occasion.

## Sweet Lip Gloss

2 tbsp Petroleum jelly  
 1 tsp honey  
 2 drops of flavored extract (peppermint, vanilla, or almond)  
 A sprinkle of Ultra-Fine iridescent glitter (make sure that it is nontoxic)  
 Cleaned-out Make-up jars  
 Cotton Swab

Mix your ingredients in a small bowl. Stir until blended well with a cotton swab. Use the cotton swab to put mixture into a make-up jar and then apply to lips.

**Fruity Lip Gloss**

Powdered drink mix  
 Petroleum jelly  
 Small container  
 Bowl  
 Spoon  
 Ziploc bag



Put any amount of petroleum jelly into a small bowl. Put it into the microwave for about 30 seconds take it out and stir until the jelly is melted. Add any amount of powdered drink mix to the jelly, stir and taste until you get your desired taste. Lastly, microwave it for about 30 seconds once again and stir. Set the bowl aside to cool. Once it is cool, dip the jelly into a small container. Set the container aside until the jelly gets firm and "tadda" you now have your fruity lip gloss.

**Princess Bathing Salts**

Large mixing bowl  
 2 cups Epsom's salts  
 1 cup rock salt  
 Food coloring  
 1/4 teaspoon Glycerin  
 Essential oil for fragrance such as vanilla, citrus or peppermint, etc.  
 Clean, dry jars with cork stoppers or metal screw-on lid

Try and do this on a day with low humidity, the salt will absorb moisture from the air. Combine salts in bowl and mix well. Add a couple drops of food coloring and mix well. Add glycerin and essential oil (4 or 5 drops) and mix well. Spoon salts into the jars and close them. Make a gift tag with the scent (if you used one) and suggesting using 1/3 to 1/2 cup in the bath.

**Mask [made from cardstock]**

Mask pattern (available in this manual)  
 Cardstock  
 Crayons or markers  
 Scissors  
 Yarn or elastic string  
 Hole punch  
 Glue

**Optional items to embellish the mask:**

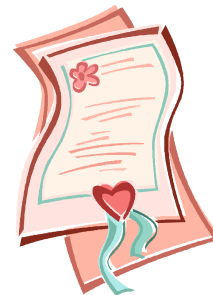
glitter glue  
 feathers/packing tape to attach them to the mask  
 assorted scraps of tissue paper and construction paper

Copy or draw the mask pattern on cardstock paper. Distribute the pattern, one to each child. Ask them to color the mask or decorate with patterns or swirls. Add the yarn or elastic string to the side of the masks. To accent the mask add feathers to the top of the mask and sides. Add scrap pieces of tissue paper or construction paper, if desired. To finish add glitter around the eyes, edges or create a design. Let dry. After the mask is dry you can begin your performance or wear it for fun.



## The Royal Invitations

Princess patterns {in the back of this kit}  
 Scrapbook paper or printed/colorful paper  
 Scissors  
 Tacky glue  
 Trims, ribbon, lace, rhinestones, gemstones, glitter glue  
 Cardstock 8 1/2 X 11 [pastel or white]  
 Envelopes [optional]



Take your cardstock paper and fold it in half. Open the card and write out the time, place, and event. Decorate the inside with markers and gems. Let dry if you used glue.

After choosing which princess design you would like to use, you can decorate it or cut it out OR trace it on colorful paper. Cut out the design. and place it on the front of your invitation. You can add your embellishments to the front to decorate: Ribbon, lace, rhinestones, gemstones, or glitter glue. Apply the items with glue. Let dry. Serve your royal invitations to your guests.

## Royal Notepad

Princess patterns {in the back of this kit}  
 Scissors  
 Pencil  
 Tacky glue/glue dots  
 Stapler  
 Light colored cardstock [In two different colors]  
 White copier paper [five sheets per notebook]  
 Ribbon, gems, rhinestones, ribbons and trims



After deciding on the princess design. Trace or copy the princess pattern on cardstock or patterned paper. Layer five sheets of paper and stack evenly fold in half. Fold a piece of cardstock for the cover of the notebook. Staple the stack together on the folded side. Glue the princess design on the front cover. Decorate with ribbon, gems and rhinestones. Let dry.

## Fluffy Feather Quill

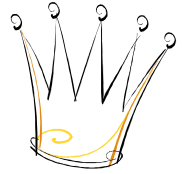
Capped pen with any color ink  
 Large fluffy feather  
 Colorful tape about 1/2 inch wide  
 2 or 3 sequins or faux gems  
 Hot glue



First hot glue the large fluffy feather to the cap of the pen. Let it dry. Start by covering the area where you glued the feather with tape and continue until the cap is securely adhered to the pen. Decorate with self adhesive gems on the feathers or the top of the pen.

## Cameo Necklace

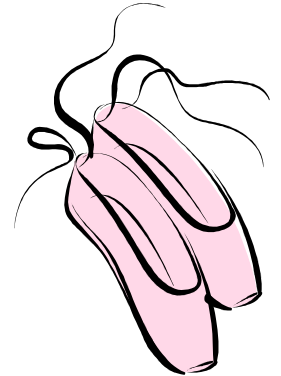
2 pieces of felt  
 Glitter glue  
 Ribbon  
 Velcro pieces  
 White glue  
 Bead



First cut the ribbon to fit your neck, glue the Velcro pieces to the ends. Cut a small oval out of felt and line the edges with glitter glue. Cut another piece of felt into a smaller frame and glue on top of the original. Add a bead on top and glue. Let dry completely before wearing.

## Princess Dance Slippers

Pair of slippers, shoes or sneakers  
 Glitter and Faux gems  
 Sequins, beads, or tiny pom-poms, ribbon  
 Marabou feather trim  
 Fabric flowers  
 Metallic or craft paint  
 Paintbrush and Craft glue



Draw hearts, stars, or polka dots with glue, and then sprinkle glitter on them. Glue on sequins, beads, or gems, and then glitterize the soles. Paint polka dots or hearts on your dancing shoes. Replace lace with ribbon, and then glue one fabric flower to the front of each shoe. Trim with marabou; then add on tiny pom-poms. Or use all suggestions.

## Princess Pencil Holder

Small plastic or metal bucket  
 Ribbon  
 Stickers, self adhesive Gems, stickers, foam shapes, etc



Using all the supplies you collected to decorate the bucket, start decorating all around the edges. Place all your markers and pencils in the bucket and place it in your room or homework area so you can use it everyday.



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## Fit for a Princess Recipes

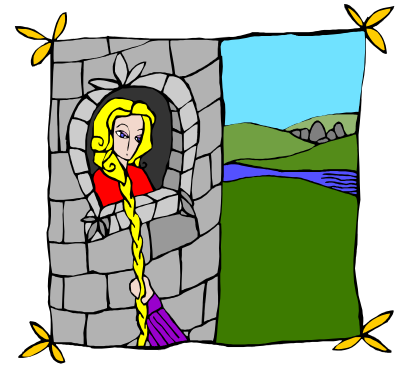
**Pretty Pink Princess Cake**  
**Pudding fit for a Princess**  
**Choco-Orange Candies**  
**Rainbow Bursts**  
**Princess Pancakes**  
**Princess Cake**  
**Dreamy Princess Punch**  
**Savory Princess Quiches**  
**Pretty in Pink Cupcakes Ever**  
**Minty Hot Chocolate**

### Tea Time Recipes:

**How to Make a Cup of Tea**  
**How to Serve Tea Properly**  
**Elegant Table Setting**  
**Raspberry Tea Sandwiches**  
**Cute Cucumber Sandwiches**  
**Sweet Tea**  
**Hot Fruit Tea**  
**Victoria Sponge Cake**  
**Old Fashioned Scones**

## **Princess Tower Cake**

12-inch wooden dowel  
1 waffle cone  
Purple or pink chocolate candy melts  
Wax paper and scotch tape  
6 pecan rolls, sold in a box in the snack section  
1 large cupcake or muffin in a white paper wrapper  
1 brown cupcake wrapper  
1 tub of white frosting  
Green food coloring  
Green frosting in a tube or bag with a decorating tip  
Styrofoam green foam block. Found in the floral department at a craft store  
Hot Glue Gun and sticks



Take the top of the waffle cone and make sure it fits over the muffin top. The cone will be the top of the tower. Begin preparing the roof of the tower. Melt purple or pink candy melts as instructed on the back of the package. Coat the outside of the waffle cone by spooning it over a large bowl. Tap off any excess chocolate and set aside to cool on wax paper.

Use the wooden dowel and create holes in the centers of all the pecan rolls and the muffin. When you place the dowel through the muffin, first puncture a hole at the bottom to make it easy to slide through. This will make it easier to slide on the dowel once you are creating the cake. Clean the dowel with a damp paper towel if needed.

Place the wooden dowel straight into the center of the Styrofoam to create a hole. Remove the dowel and cover the top of the Styrofoam with waxed paper. Cut a slit in the center of the wax paper where the hole is. Place hot glue on the bottom of the dowel and insert it in the center of the Styrofoam. Hold it until it adheres together. Attach the edges of the wax paper down in the corners with tape under the paper to hold it down.

Slide a pecan roll through the center of the dowel face up. Place the next one on the dowel, face down. Continue this until you have placed 5 pecan rolls on the dowel. Before placing the last pecan roll on the dowel. Cut a slit in the center of the brown cupcake wrapper and place the wrapper on the dowel. Place the last pecan roll inside the cupcake wrapper. Slide the muffin, paper included, onto the dowel. Finish the tower by spreading a little remaining candy coating on the muffin top and then place the waffle cone on top of the muffin. Once it cools the cone with attach to the top. Using green frosting in a tube with a decorating tip, squeeze the a line of frosting like a vine climbing up the cake.

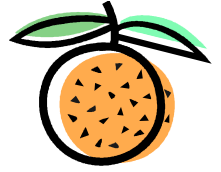
## **Pudding Fit for a Princess**

1 small package vanilla instant pudding mix  
Pink or purple food coloring  
Optional: pink cookies, pastel marshmallows, or sprinkle.



Make the instant pudding in a mixing bowl according to package directions. Stir in 1 to 2 drops pink food coloring. Let cool. Place in the serving cups top with a cookie, marshmallows or sprinkles.

## **Choco-Orange Candies**



9 oz package vanilla wafers  
2– 1/4 cup powdered sugar, divided  
1/4 cup baking cocoa  
1/4 cup light corn syrup  
1/3 cups frozen orange juice, concentrated, thawed  
1—1/2 cup chopped pecans

In a food processor, combine vanilla wafers, 2 cups powdered sugar, cocoa, corn syrup and orange juice. Process until wafers are finely ground and mixture is well blended. Add pecans and process until nuts are finely chopped. Transfer mixture to a bowl; form into one inch balls. Roll in remaining powdered sugar. Store in an air-tight container

## **Rainbow Bursts**



3/4 cup butter, softened  
3 oz package cream cheese, softened  
1 cup sugar  
1 egg beaten  
1 teaspoon vanilla extract  
2– 3/4 cup all purpose flour  
1/4 teaspoons salt  
Purple, blue, yellow and pink gel paste colorings (found at craft stores)  
12 lollipop sticks

In a bowl beat butter, cream cheese and sugar until fluffy. Add egg and vanilla; beat until smooth and set aside. Combine flour, baking powder and salt; add to butter mixture. Stir until soft dough forms. Divide dough into fourths. Tint each with a different food coloring. Wrap in plastic wrap and chill for 2 hours. Roll dough into 3/4 inch balls. For each cookie, place one ball of each color together and roll to make one large ball. Shape into a 12-ich-long rope; starting at one end, coil rope to make a 2– 3/4 inch round cookie. Place 3 inches apart on lightly greased baking sheets. Insert lollipop sticks into bottoms of cookies. Bake at 350 degrees for 8 to 10 minutes, until lightly golden. Makes one dozen.

## **Princess Pancakes**



Pancake batter  
Pink food dye  
Princess themed cookie cutters

Make a batch of pink pancakes by adding in some pink or red food coloring. Then, once they are done, cut them into princess shapes such as crowns, hearts and slippers.

## Princess Cake

1/2 cup butter, softened  
 1 cup sugar  
 2 eggs  
 2 teaspoons vanilla  
 Pink or purple food coloring  
 1/2 cup milk  
 1/4 teaspoon salt  
 2 teaspoons baking powder  
 1 1/2 cups all-purpose flour

### **Frosting:**

1/4 cup butter, softened  
 4 cups powdered sugar  
 2 tablespoons milk  
 1 teaspoon vanilla  
 Pink food coloring  
 Sprinkles



Preheat oven to 350 degrees. In a medium sized bowl, cream together butter and sugar with an electric mixer. Beat in eggs, one at a time. Then stir in vanilla. Stir in a small amount of pink or purple food coloring into the milk and set aside. In another bowl, combine salt, baking powder, and flour. Add to batter alternately with colored milk. Beat until smooth and creamy, about 1 minute. Grease the baking pans with butter and flour or nonstick cooking spray.

Divide batter between one 8-inch round cake pan and one 6-inch round cake pan. Bake the smaller cake 20 to 25 minutes for the small cake and 30 to 35 minutes for the larger cake. Cakes should be golden brown. Cool in pans 10 to 15 minutes, then carefully remove by placing a plate or cooling rack. Create the frosting while the cake is cooling by adding food coloring or flavoring of your choice. Frost cake or cupcakes when it is cool.

## Princess Cake or Cupcakes {From a boxed cake mix}

1 Box of cake mix, tinted pink or white  
 Ingredients according to the back of the box  
 Tub of white frosting  
 Food coloring, pink or purple  
 Two 8 inch cake pans or cupcake liners



Preheat oven according to the back of the box. Cakes should be golden brown. When a toothpick is inserted in the center it should be clean when it is pulled out. Let cool on a cooling rack. Create the frosting by adding food coloring or flavoring of your choice. Frost cake or cupcakes when it is cool.

## Dreamy Princess Punch

1 (2 liter) bottle lemon lime soda  
 1 lemon, juiced  
 1 lime, juiced  
 2-3 drops blue food coloring  
 Sugar or honey to taste  
 2 cups frozen blueberries, optional  
 1/2 cup blue sugar sprinkles



For the punch, combine all the ingredients except frozen blueberries and stir to blend. Sample a taste to see if it needs to be sweeter and then sweeten according to taste with sugar or honey. Stir in frozen blueberries and serve. To garnish punch cups, rub the edge of the punch cups with leftover

## Savory Princess Quiches

1 package refrigerated piecrusts  
 1/2 cup grated Swiss cheese  
 2 eggs  
 1/2 teaspoon salt  
 1/8 teaspoon pepper  
 2 tablespoons cream  
 5-6 cherry tomatoes, sliced

Preheat oven to 400 degrees F. Generously spray a mini muffin pan with nonstick cooking spray. Cut out the piecrusts with a 2 to 3 inch circle or flower shaped cookie cutter. Place each cutout inside a muffin cup. Place approximately 1 teaspoon grated Swiss cheese into the bottom of each pastry shell. In a medium-sized bowl, combine eggs, salt, pepper, and cream. Pour into pastry shells, filling each almost to the top. Sprinkle with 1 teaspoon grated Swiss cheese and bake for 10 to 12 minutes or until golden brown and slightly puffed. Remove from oven and cool 5 minutes before removing each quiche from pan.

## Pretty in Pink Cupcake

2 1/4 cups cake flour  
 1 tablespoon baking powder  
 1 1/2 cups granulated sugar  
 1 teaspoon salt  
 1/2 cup unsalted butter cut into 8 pieces  
 1 cup whole milk  
 1 1/2 teaspoons vanilla extract  
 4 large egg whites  
 Pink gel food coloring  
 Pink marshmallow fluff icing  
 Pink cake decorations (sprinkles, edible glitter, pink coconut, pink icing)

### Marshmallow icing:

2 jars marshmallow fluff  
 2 cups unsalted butter (4 sticks) each stick cut into 4 pieces  
 3 1/2 to 4 cups confectioners sugar  
 1 teaspoon vanilla extract  
 Pinch of salt  
 Pink gel food coloring

Spoon marshmallow fluff into a bowl. Use electric mixer at medium speed and start beating while adding butter. When all butter is used, and mixture is light and fluffy, beat in 3 1/2 cups of confectioners sugar, the vanilla, and salt. Add the food coloring as you are beating the icing. Use immediately.

Preheat the oven to 350 degrees F. Line two standard 12-cup muffin pans with eighteen pink paper liners. In a large metal mixing bowl, sift together the flour, baking powder, sugar, and salt. Add the butter and start to beat together using an electric mixer at low speed. While you are beating, add the milk a little at a time, and continue beating for about 2 minutes. Slowly add the egg whites and vanilla to the batter and beat at high speed, scraping the bowl down occasionally for 1 to 2 minutes. While you are beating, drop in 4 or 5 drops of pink or red food coloring to achieve your desired shade of pink. Fill the lined muffin cups about two-thirds full. Bake just until a toothpick inserted into the center of a cupcake comes out clean, 18 to 20 minutes. Remove from the oven and let the cupcakes cool completely. Frost with Pink Marshmallow icing. Mound a large dollop of the icing onto each cupcake. Decorate with pink decoration

## Minty Hot Chocolate

4 cups whole milk  
 1 pound white chocolate, finely chopped  
 2 teaspoons peppermint extract  
 Pinch of salt  
 4 peppermint candy canes (unwrapped) for stirring

In a medium saucepan over medium heat, warm the milk until it is very hot and just about to boil (but do not boil). Remove from the heat and whisk in the chocolate, peppermint extract, and salt until the chocolate is completely melted and combined with the milk. For a fluffier drink, pour the mixture into a blender and puree on high for a few seconds before serving. Pour into cups and serve with a candy cane for stirring.

# Tea Time Recipes

## How to make a Cup of Tea

Fill a tea kettle with fresh water and set it on the stove to boil. While you wait, run hot water from the faucet into your teapot to warm it up. Pour the hot water out of your teapot and add your teabags. Use two or three bags for every four people. As soon as the water in the kettle has started boiling, take the kettle off the stove. Let the kettle rest for a minute so the hot water will pour more easily. Then pour the hot water over the teabags. Wait five minutes. Now your tea is ready to pour for your guests.

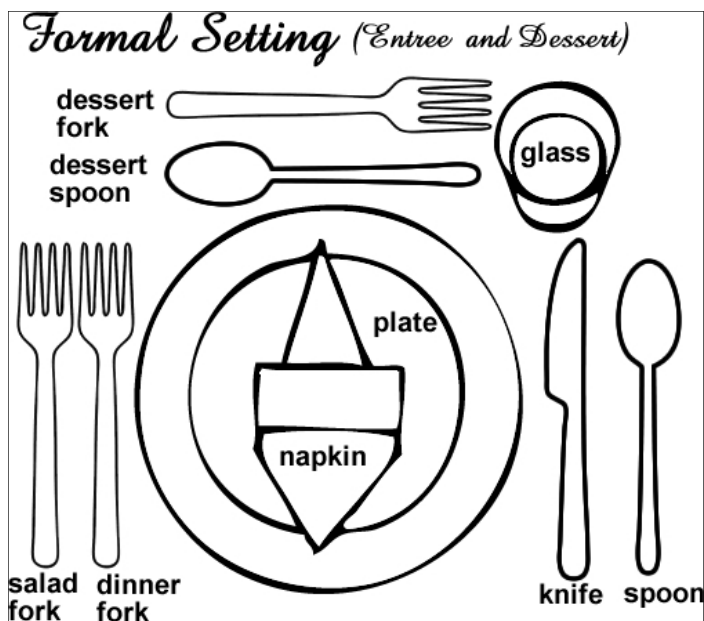
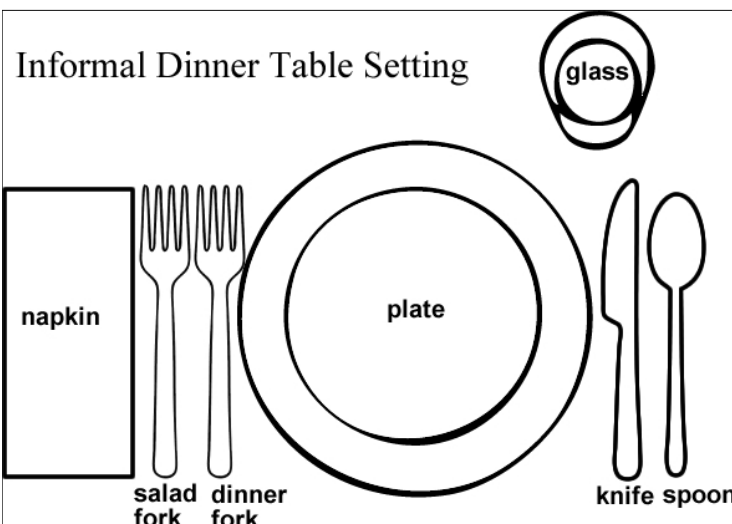


## Serving Tea the Proper Way

Begin by asking which of your guests if she wants cream or sugar in her tea. Pour the cream into the cup first. Add sugar cubes next, one lump or two or more according to your guests request. Finally, carefully pour the tea into the cup. Make sure you provide a spoon for stirring and a saucer to put under the cup. And always be sure to use your nicest manners at a tea party.

## Elegant Table Setting

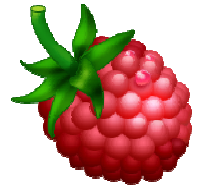
Use white cloth made out of linen or crisp cotton for your fancy tea party. You will need white linen or cotton napkins. Silver napkin rings would be elegant, but you might want to tie satin ribbons around the napkins instead. Large gold or silver doilies make beautiful placemats. Then, for the centerpiece, you can use a fresh bouquet of roses and greenery. Pretty serving pieces like china plates, silver trays, and a beautiful teapot would be special touches.





## Raspberry Tea Sandwiches

8 slices white bread  
 1/2 cup soft-spread cream cheese  
 1 tablespoon raspberry preserves  
 1 pint fresh raspberries  
 Silver decorating balls (pearl sprinkles)



Cut bread into desired shapes with a cookie cutter. In a small mixing bowl, combine cream cheese and raspberry preserves. Spread a thin layer of the mixture on each bread cut-out, and then place raspberries on top of each sandwich. Garnish each sandwich with silver decorating balls.

## Cute Cucumber Sandwiches

1 seedless cucumber  
 8 slices white wheat or rye bread  
 2 tablespoons softened butter or mayonnaise  
 Seasoned salt and pepper to taste  
 Cherry tomatoes cut into pieces for garnish (optional)  
 Mint springs (optional)



Thinly slice 8 slices of cucumber and blot dry with a paper towel. Save the rest for another use. Cut crust off bread into assorted shapes with 2-inch cookie cutters. Spread each little cut-out with butter or mayonnaise. Lay cucumber slices on top. Season with salt and pepper, and garnish with cherry tomato slice and mint springs if desired.

## Sweet Tea

1 lemon  
 2 1/4 cups sugar  
 6 cups cold water  
 4 teabags  
 2 cups orange juice  
 1/2 cup lemon juice



Grate the rind of the lemon. Measure 1 tablespoon of lemon rind and place it in the saucepan. Add the sugar and 2 cups of water. Heat the mixture over medium heat until it boils. While the sugar mixture heats, place four cups of cold water into a teakettle and heat it over medium heat. When the water boils pour it into the teapot. Hang four teabags over the edge of the teapot, and let the tea steep for about 5 minutes. Take the tea bags out. Add the orange juice and lemon juice to the teapot. Stir well. Add the sugar mixture, a little at a time, until the sweetness is to your liking. Serve the tea in pretty teacups.

**Hot Fruity Tea**

2 1/4 cups sugar  
 2 cups cold water  
 1 lemon rind

Heat the mixture over medium heat and bring it to a boil in a saucepan. Pour 4 cups of boiling water into a mixing bowl. Hang 4 tea bags over the bowl edge and let the tea steep for about 5 minutes. Take the tea bags out and add 2 cups orange juice, 1/2 cup lemon juice and the sugar mixture for taste. Stir well and pour it into pretty teacups!

**Victoria Sponge Cake**

1 1/4 cups (2 1/2 sticks) unsalted butter  
 1 1/4 cups granulated sugar  
 6 eggs, separated  
 3 cups cake flour  
 1 1/4 cups heavy cream  
 1 teaspoon vanilla extract  
 2 cups vanilla butter cream  
 1 1/4 cups lemon curd  
 3 tablespoons confectioner's sugar

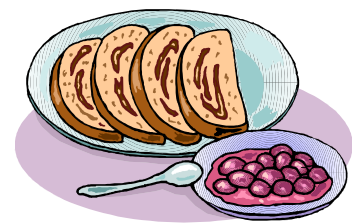


Queen Victoria was the woman made drinking tea in England the new social norm. This cake was her favorite tea accompaniment.

Preheat oven to 350 degrees F. Butter and flour two 8-inch round cake pans. Cream the butter and sugar in a large bowl with a mixer for 2 to 3 minutes, until light and fluffy. In a separate bowl, beat the egg yolks until light yellow; add to the butter mixture. In another separate bowl, beat the egg whites for three to five minutes, until stiff white peaks form. Fold 1 cup flour into the eggs. Stir the egg-white mixture into the butter-sugar mixture in batches, alternating with the remaining 2 cups flour, until well mixed. Beat well for 3 to 5 minutes, until fluffy and well blended. Mix in the cream and vanilla. Divide the batter between the prepared pans. Bake for 35 to 40 minutes, until a knife inserted in the center comes out clean. Let the cakes cool in the pans for 5 minutes, then remove from the pans and set on a rack to finish cooling. Set one of the cakes on a cake plate. Top with the butter cream, followed by the lemon curd. Top with the second cake, and sprinkle with confectioners' sugar.

**Old Fashioned Scones**

2 cups flour  
 1 tablespoon of baking powder  
 2 tablespoons of sugar  
 1/2 teaspoon of salt  
 6 tablespoons of butter  
 1/2 cup buttermilk  
 1 lightly beaten egg



Mix together all the dry ingredients. Then use a pastry cutter or two knives to cut 6 tablespoons of butter until mixture resembles coarse cornmeal. Make a well in the center of your dough and pour in the buttermilk. Stir until the dough clings together and is a bit sticky. Now put the dough on a floured surface and flatten it into a circle that 1 1/2 inches thick and between six and eight inches across. Working quickly, cut the dough into triangles like pieces of a pie or cut it into circles. Put your triangles or circles on a ungreased cookie sheet. Make sure that the sides of the scones don't touch each other. Then brush some of the lightly beaten egg on top so that your scones will be a shiny, beautiful brown. Bake at 425 degrees F for 10-20 minutes until the pastries are light brown.

PATCHWORK DESIGNS, INC

## Fantasy Princess Games

**Princess Says  
Hunt for the Poisonous Apple  
The Evil Witch  
Princess Portrait Relay  
Going to the Ball  
Royal Messenger  
Princess and the Pea  
Dress the Princess  
Hide the Slipper  
Royal Ball Freeze  
Hunt for the Crown Jewels  
Pass Along the Tiara  
Fairy-Tale-Come-True Wishing Well**

## Princess Says

Play Simon Says, but instead use Princess says!

## Hunt for the Poisonous Apple

Hide mini candy bars and a red apple around your house. Ask the Princesses to hunt for them. When someone finds a candy bar, she may eat it. The winner is the one who finds the apple. The apple is then exchanged for a Princess Prize!



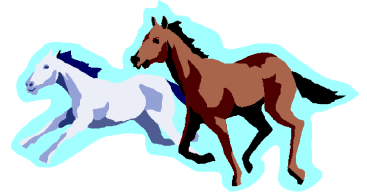
## The Evil Witch

Everyone sits in a circle, and one princess holds an apple. When the music starts, the princesses pass around the apple until the music is stopped. Then, whomever has the apple isn't a princess anymore— she's turned into a wicked witch! Everyone shouts The magical spell "Leave you wicked witch!" and that person is out. Keep going until the one true princess is left.

## Princess Portrait Relay

Preparation: Tape two large sheets of paper to the wall or an easel (if you have one). Place several markers or crayons on the floor beneath the paper. Divide the Princesses into two groups. Mark a line on the floor that will be the team starting line. List the features of the princess that must be drawn in order for the princess portrait to be complete. Post the list next to the blank paper. Features include face, eyes, nose, mouth, hair, crown/tiara and dress. Depending on the size of the group, some items may be combined or more items may be added, such as a wand, shoes or jewelry.

Rules: Each team must draw a princess relay-style, feature by feature. Line each team up behind the line you have marked. When the team hears "Go", the first princess must walk to the paper and sketch the first feature of the princess. When finished, she must tag her next teammate, who will then walk forward and complete the next feature of the princess. The first team to finish their princess portrait is the winning team. However, the team that draws the prettiest princess wins a prize as well. You can award a prize or allow them all to take a royal princess bow.



## Going to the Ball

The first person begins by saying, "I'm a princess, going to a ball and I must take an ...." They then must name an object that begins with the letter "A", such as an apple. Then next person says, "I'm a princess, going to a ball and I must take an apple and a . . ." They then name an item that starts with a "B". Continue throughout the whole alphabet.

## I'm A Princess

Rules: Start by sitting everyone in a circle. The first player begins the game by making a princess movement, such as taking a curtsy. The next player must curtsy first and then do something else a princess would do. Each player must remember and repeat each princess movement before adding her own.

Ideas a princess might do include a curtsying, smiling, waving, singing, dancing, blowing a kiss, etc.

## Royal Messenger

**Rules:** Instruct the children to sit together in a circle. An adult whispers a princess sentence into the first child's ear, such as "A royal princess must never forget to eat her chocolate strawberry daintily with her fingers." The princess sentences are endless. Tailor your sentence to the age and abilities of your party guests. Keeping it simple like, "Princesses like to wear pretty dresses" may be appropriate for younger children.

That child must then whisper and repeat what she heard to the next child. Go all the way around the circle. The child at the end should then say the sentence out loud. It may be very different from what the adult began with.

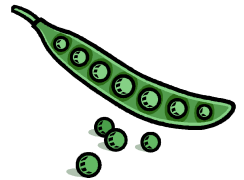
## Princess and the Pea

Start this game by telling the story "The Princess and the Pea." Then invite the girls to see how they'd fare in this princess-detecting test.

What you need:

- Story of "The Princess and the Pea"
- Pillows
- A small ball

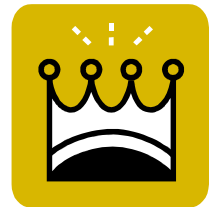
Everyone takes a turn sitting on four pillows arranged in a row on the floor and trying to guess which one the pea, a small ball, is under. (Move the ball after each turn while the current contestant is out of the room.) If the girls are up for a greater challenge, try a second round using a marble instead of a ball.



## Dress the Princess

**Preparation:** Gather princess dress-up items, such as a wrap, cape, tiara, etc. Supply enough blindfolds for everyone. Have some fun princess music ready. Divide the group into two teams. Choose one person on each team to be the princess.

**Rules:** Have the group's princess sit on a chair in the middle of the group. Blindfold everyone else in the group. Supply all the dress-up items in the middle of the group. When the princesses hear the music, they should begin to dress the princess up in her finest. However, they are not allowed to talk. They have until the end of the song to make her as beautiful as possible. When the music is over, everyone can take their blindfolds off and look at how their princess is dressed.



## Hide the Slipper

The goal of this game is find the hidden slipper or shoe. Before you start the event or gathering, hide one slipper. This can be a dress up shoe or any shoe that you wish to hide. Send the participants to hunt for the lost slipper

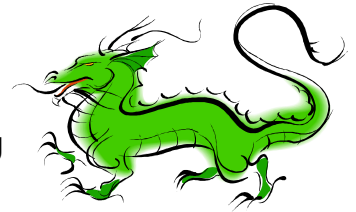
If you want to give a prize to the winner you may. Such prizes can be line leader, the first person to start a craft, helper for the day etc. You don't have to give them material items to make them feel good about themselves.

## **Royal Ball Freeze**

Play Ballroom music or any other type of fun music and have a bell to declare the stroke of midnight. Start and stop the music having everyone freeze when the music stops. Whoever doesn't freeze doesn't get out. However, occasionally ring the bell to declare midnight and whoever doesn't freeze then, gets out.

## **Hunt for the Crown Jewels!**

A fierce, ancient dragon has moved in to the Kingdom and has been creating mayhem. The dragon has even managed to steal the Crown Jewels! It is the Princesses job to rescue the jewels. There is one advantage in your favor!



Although the dragon is very fierce when awake, it is now asleep after a very busy day of causing trouble in the Kingdom. Of course everyone knows that even while asleep a dragon is dangerous – So you must be very silent! You need a quiet place to play with plenty of room, a blindfold, a bunch of keys & a metal or ceramic bowl. The important thing is to have a noisy object that is difficult to pick up quietly.

This can be played outdoors, if you have a suitably quiet location. Choose a player to be the dragon. The player is blindfolded and sits down at one end of the area. Place the keys in the bowl in front of the dragon. Now explain to everyone that this is the treasure the Princesses are trying to recover. The remaining players stand *quietly* at the far end of the playing area. Each of the Princesses take their turn to sneak up to recover the treasure (the keys) and return them to the starting line. The dragon listens for the players sneaking up, while pretending to be asleep. This is why the other players need to be quiet to give the dragon a fair chance. The dragon can point and roar (breathing fire!) in the direction they think they can hear the incoming player. If the dragon does catch a player, the hapless Princess must lay down on the spot. The next brave player then makes their approach. If a Princess can return the treasure (keys) to the start line without being caught by the dragon, the round is over & they take the dragon's place next round. If all players were caught, the dragon wins the round. Choose a new player to be dragon for the next round.

## **Pass Along the Tiara**

The tiara in the kit can be used or a store bought one will be fine. Have the girls sit in a large circle indoors. Play the Princess' favorite song and pass the tiara around the girls and when the princess says "stop" the music is paused and whoever has the tiara has to ask, "Princess may I put the tiara on?" When the tiara is on, the princess is able to ask questions like, "What is my favorite color?" or "What is my favorite snack?" and the person wearing the tiara must answer correctly and if they don't then they must leave the circle. Last person in the tiara gets to become the next princess in waiting.

## **Fairy-Tale-Come-True Wishing Well**

Each person needs to write down a baked good that they want to make or an activity that they would like to do and fold the piece of paper in half. Then the Princess reaches inside the Wishing Well and pulls a card free. Whoever has their wish come true will be able to choose the next wish that will be granted by picking from the Well.



PATCHWORK DESIGNS, INC

## Becoming a Princess

Princess Manners  
Princess Attire  
Beauty  
Princess Spa  
Helping Your Kingdom  
Princesses of Many Lands

Patterns for Crafts

# Princess Manners

## How to Curtsy

The curtsy is a respectful gesture of greeting. It is made when one is introduced to one another. You should also curtsy before you begin to dance with your partner. Those of high status deserve deep slow curtsy's while ones who are of equal status can be given quick curtsy's.

First you must start by delicately holding your skirt in front of you. Bend slowly as you lift one foot and place it behind the other. Use your back foot for balance as you deepen your curtsy. Bow your head slowly while bending your knees. Rise up slowly with your eyes slightly lowered.

## How to sit properly on your throne

The throne is used during important ceremonies that happen in the castle. Hundreds of people from your kingdom may visit the castle and all eyes are on the princess. First, the princess must enter the throne room with small graceful steps as she walks on the red carpet leading down the steps to the throne. As she passes people, she responds to their curtsy's and bows with nods. When she reaches the steps to the throne, she turns and curtsies to the king and queen sitting in their thrones. Then she walks up the steps to her throne, pauses, turns. Then sweeps her skirts beneath her and sits. Don't Trip!







## Proper Posture

You must always look elegant as a princess. In order to do this, you must practice good posture. Do this by balancing a book on your head. Hold your head erect, with your face looking straight forwards. Your back and shoulders should be straight as if a string is pulling them upwards.

## Moving in your gown

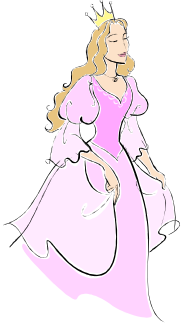










An extravagant gown is very difficult to walk in. A princess who walks with grace always looks magnificent when she walks well in her gown. When walking, take small steps, this makes it look as if you are floating. If you must walk with longer strides, be sure to gather your skirts in both hands. Skirts should be held no more than 2 inches off the floor. Also hold your skirts when going up and down the stairs.

## Ball Etiquette

-  When wearing a sleeveless or strapless gown, long gloves may be worn to the ball. Leave them on through the beginning of the ball, but once the dancing starts, take them off.
-  Never wear too much perfume
-  The princess should thank her host when she greets them at the ball. She should also thank them before she leaves.
-  Always include other guests, if someone seems to be alone. It is always good manners of a princess to make sure all the other guests are having fun to.
-  When making conversation, it is always polite to ask questions rather than to talk about yourself.
-  Remember a Princess is always kind and caring for all of her people no matter who they are. If you shine from the inside and out, then you can become a princess.

# Princess Attire

Princess have many different style gowns that they wear for different occasions.

<p><b>Gowns</b></p>  	<p>There are many different styles of gowns that princesses wear: The Princess Waist has a high waist skirt and very detailed bodice. The Full skirt is worn for important lunches and the empire waist is for political events. The full skirt is also worn with a petticoat for balls and important dinners. A Drop waist dress looks like a wrap around dress and is made of silk. It can also be worn for important events or dinners.</p>
<p><b>Fabrics</b></p>  	<p>Princesses always wear satin, silk and velvet. They are the most expensive and royal fabrics.</p>
<p><b>Hair Styles</b></p> 	<p>Princesses wear their hair in braids, buns, lose and wavy and in royal twists. Princesses hair are always very healthy and shiny. They wear Crowns and Tiaras in their hair. They are made of gold and silver. Crowns are only worn by Kings, Queens and Princes. A tiara is a half circle and has diamonds and pearls.</p>
<p><b>Jewelry</b></p>  	<p>Princesses wear many extravagant rings. Many of the rings have been in their families for ages, so it is with great honor to wear your family jewelry. Necklaces always have big jewels and are very expensive. There are long chains, pearl strands and choker necklaces.</p>
<p><b>Shoes and Handbags</b></p>  	<p>Princesses wear high-heeled and low-heeled shoes. They also wear ballet slippers for comfort. Some princesses wear sandals. They also have many purses! Strap purses with clasps, clutches for evening events and a handle bag are all essentials in a Princesses closet.</p>
<p><b>Gemstones</b></p>  	<p>All gemstones have symbolic meanings. An emerald means serenity, sapphire means truth, ruby means confidence, diamond means purity and pearls mean innocence.</p>

# Beauty

## Hair



### Steps to having Healthier Hair:

1. Before getting into the shower, gently comb through your hair to get rid of the residue and product that may be in your hair to help wash it easier.
2. When in the shower apply a thick even coat of conditioner and use your finger to comb through, let sit for a minute and then rinse it out with cold water.
3. Use protection against those heating appliances. Use a heat protector spray on your hair before you use the hot iron or blow dryer. Also clean those appliances once a week to get rid of residue build-up.
4. Trim your hair once every 10 weeks to keep track of split ends.

## Skin



### Steps to a Healthy Princess Glow:

1. Clean your skin with a proper skin cleansing soap daily.
2. Eat a lot of fruits and vegetables and whole-grain food to give your body the vitamins and nutrients it needs.
3. Participate in regular exercise to get your blood pumping so that it can deliver oxygen and nutrients to you skin.
4. Drink at least five 8-ounce glasses of water daily.
5. Protect you skin against harmful UV rays by using sun protection with an SPF of at least 15.
6. Get your beauty rest! Sleep for at least 8 to 9 hours.

## Fingernails and Toenails



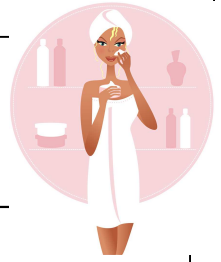
### Steps to beautiful Princess Hands:

1. Get rid of grime by giving your hands and underneath of nails a scrub with a nail brush.
2. Take care of your cuticles by dipping your hands in warm water, and then pushing back your cuticles.
3. Trim your nails to an appropriate length and file them down so they are smooth.
4. Always apply hand crème to your hands to make them smooth and keep them from drying out.
5. Do not bite your nails! There are hundreds of germs underneath the surface of your nails. Try applying an anti-bite paint onto your nails to prevent yourself from biting them.

Pedicuring is the treatment of your toenails and feet. These same steps should be used on your feet and toenails as well. Always wash and take care of your feet because your feet are more susceptible to getting fungus's and infections.

# Princess Spa

All Princesses need a spa day! Gather some measuring cups and spoons, mixing bowls, a clean fluffy washcloths and towels in the bathroom. Gather your nail tools and head band to push back your hair. Grab some baby oil too because it makes a great base for beauty products.



## Other ingredients to gather:

Olive oil  
Plain Yogurt  
Honey  
Oatmeal  
Epsom Salts  
Baking Soda  
Lemon Juice  
Cucumber slices  
Vanilla Extract

## Set the Scene:

Sound off! Turn off your cell phone and the TV, and turn on a CD of soothing music. Make sure you have a Do Not Disturb sign on the bedroom or bathroom door. Turn off all bright lights and use natural lights from windows.

## Massages

Choose a lotion with a soothing scent and drop a couple of drops into a tablespoon of olive oil. Let the oil sit for an hour to soak up the scent. Before you begin your massage, rub a few drops of the oil between your hands to warm it up.

To give your hands a soothing massage, place your thumb on the palm of your opposite hand and massage your palm.

To treat your feet, rest your foot on the opposite knee and rotate your foot in circles to loosen your ankle. Rub both thumbs up the arch of your foot. Massage the ball of your foot with your thumbs and gently pull each toe and massage the skin in between your toes.

## **Marble Massage:**

Roll Your feet over a few marbles for a quick foot massage.

## **Soft Hands and Feet**

Pour 1/4 cup of olive oil into a small bowl and soak your fingers for 1 minute and pat them dry with a tissue.

Whiten your nails by soaking them in a bowl filled with lemon juice for 5 minutes.

Fill a basin of water up to your ankles. Soothe your feet and add a 1/4 cup of Epsom salts to the water. Add three herbal mint tea bags to the water and soak feet for five min-

## Use Color to Reflect Your Mood~

**Green**– If you're grumpy green will bring peace to your soul.

**Yellow**– If you're sad, use yellow to bring happiness.

**Blue**– mellows and soothes you.

**Red**– boosts your energy and makes you feel strong.

**Orange**– will help you feel less scared and give you confidence.

## Face Scrubs

Use exfoliate lotion to scrub your face clean of any dirt or dry skin cells. Or apply these facial masks to your face and lie back with a towel under your head. Close your eyes and let the mask dry. Then Wash off with warm water. (Dispose oatmeal in a garbage disposal).

**Oatmeal-Yogurt Mask:** Mix 2 tablespoons of plain yogurt with 2 tablespoons of uncooked oatmeal.

**Honey-Oatmeal Mask:** Mix 2 tablespoons of honey with 1 tablespoon of uncooked oatmeal.

**Yogurt-Cucumber Mask:** Puree 2 tablespoons of yogurt with 1/4 cup of peeled, sliced cucumber. Use a cotton ball to pat the mask onto your face.



# Helping your Kingdom



## Sock Drive

This patch represents all the hard work that goes into collecting socks to give to those in need. You can donate to local shelters and churches or send them to oversea orphanages and organizations. Any mismatched, single, "gently worn" or new socks

for men, women and children may be donated. The socks will be given to the Rescue Mission's Mobile Soup Kitchen and then passed out with every meal.

## Operation Bear Hug [Collecting Teddy Bears]

Mail teddy bears or drop them off at local fire departments, police stations, Ronald McDonald houses, or hospitals. Many teddy bears are given out each year to assist in calming traumatized children and grieving mothers. In addition, Bears are given to children and adults in need including the victims of floods, tornadoes, hurricanes, and domestic violence both in the United States and abroad. Join the forces and collect or create your own bear to donate to someone in need of comfort. Don't forget to purchase your patch as a reward.



## Stockings for Children Program

Fill stockings for children in need. Children's Pediatric unit at hospitals, financial need, poverty, victims of natural disasters, etc. Contact your local hospital, Salvation Army, organization or church to see if you can donate to them.

Contact your local Salvation Army as they usually provide the stocking for FREE and all you have to do is stuff the stocking according to the list of items.

[http://www.salvationarmyusa.org/usn/www\\_usn\\_2.nsf](http://www.salvationarmyusa.org/usn/www_usn_2.nsf)



## Pinwheels for Peace

To earn this patch:

1. Decorate the pinwheel template using your imagination and artistic skills.
2. Write on the back what peace means to you.
3. Create your pinwheel by folding it together and attaching to a pencil.
4. Plant it somewhere so everyone can see it. You will need permission to plant them in a public facility.
5. Order your patch.

View the below website for a pinwheel template

<http://pinwheelsforpeace.com/pinwheeltemplate.html>



## Pajama Program

Pajama Program provides new books and new pajamas to children in need nationwide. These children live in various settings including group homes, shelters and temporary housing and are shuffled often from one place to another. Too many have never enjoyed the simple comfort of having a mother or father tuck them in at bedtime with warm, clean pajamas and a bedtime story.



GO HERE FOR MORE PROJECTS: <http://patchworkdesigns.net/community.htm>



# Princesses of Many Lands

## Tropical Island Princess



Island Princesses dress for the warm tropical weather. They wear colorful sarongs and a garland of flowers around her neck and hair. She wears her hair in long tousled waves or in braids. Shoes aren't required because Island Princesses love to walk on the beach.

## Arabian Princess



Arabian Princesses live in the Desert where the sun beats down on them. They wear veils to cover their heads and loose robes to allow air to flow through their body and allow them to move with comfort. Sandals protect the princesses feet from the hot sand.

## Snow Mountain Princess



Snow Princesses wear warm gowns made of velvet and long coats of wool. She wears fur lined boots with leather soles to keep her feet warm and dry from the snow.

## European Princess



This princess lives in extravagant palaces and receives materials from all over the world because of the urban area she lives in. She wears fragile silks and satin for fancy evening gowns and wears practical fabrics for her long days traveling in the carriage and walking about the town.

## African Princess



The African Princess wears beautiful draped fabrics and very elegant necklaces. She is very in touch with the nature around her so she often wears earth tones. She wears her hair in elegant braids with beads and jewels.

## Japanese Princess



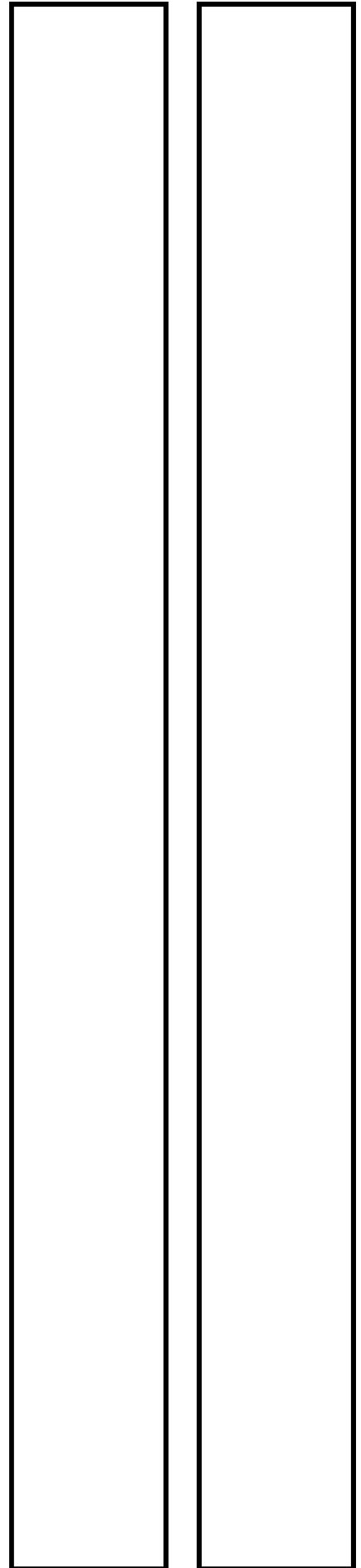
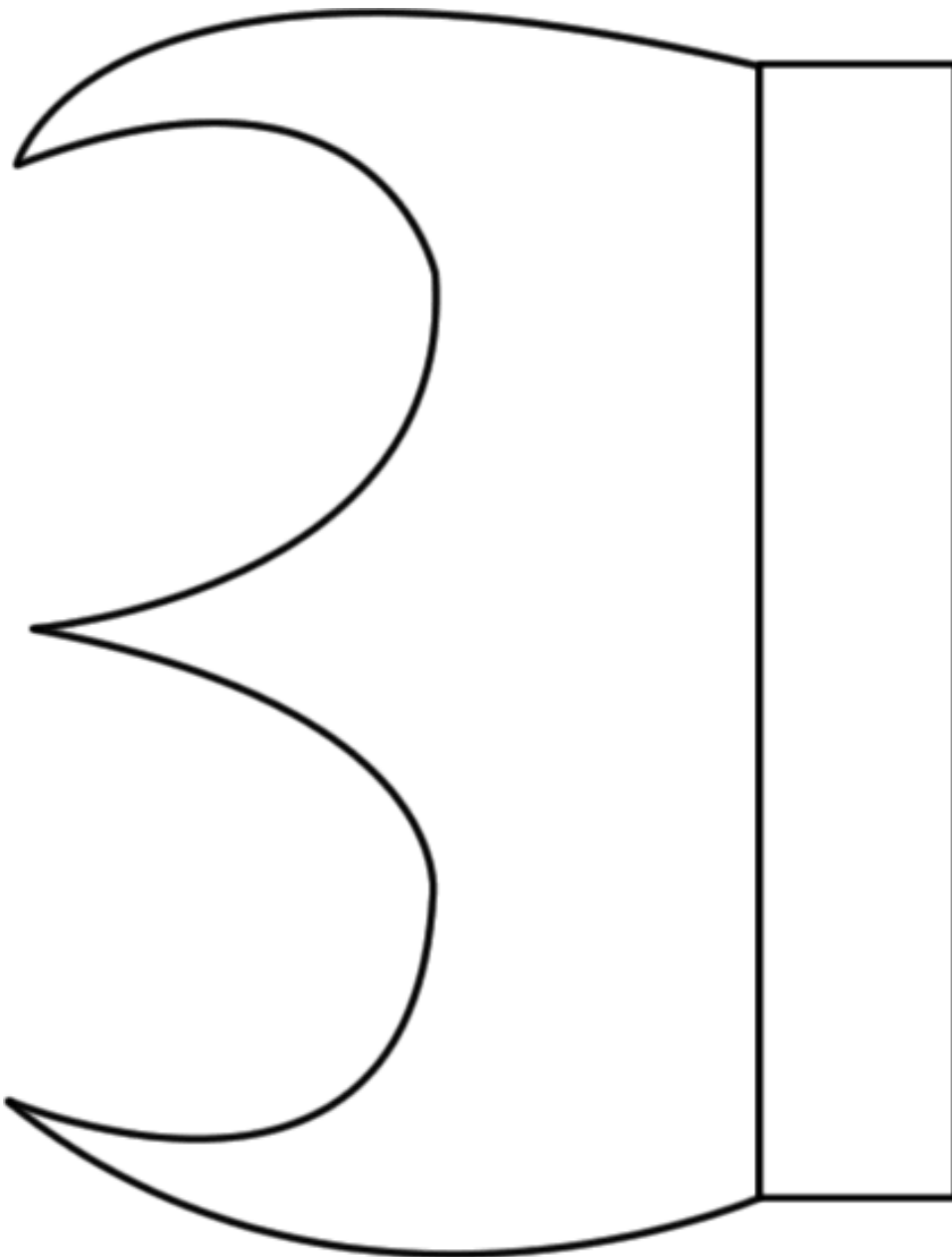
The Japanese Princess wears a style of clothing called a Kimono. Often these are made of the finest silks and are also hand painted with beautiful designs. She wears her sleek black hair in intricate up-do's. Japanese Princesses always carry around a fan to keep themselves cool.

# Crown Pattern

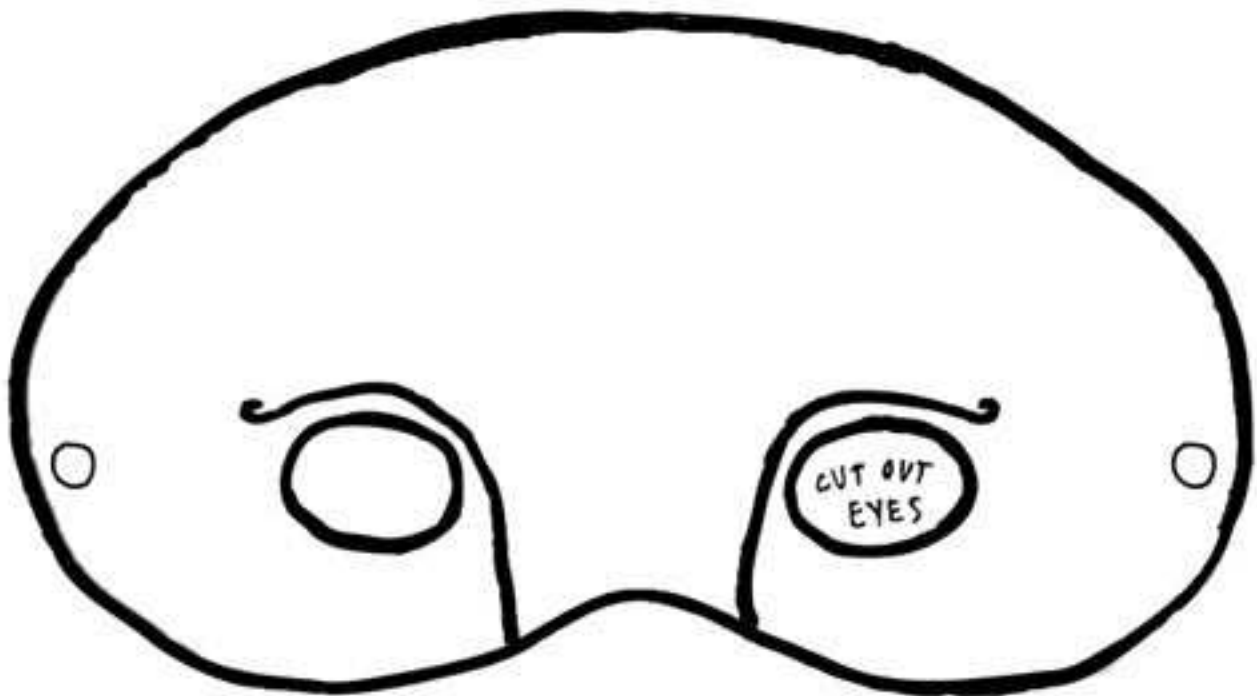
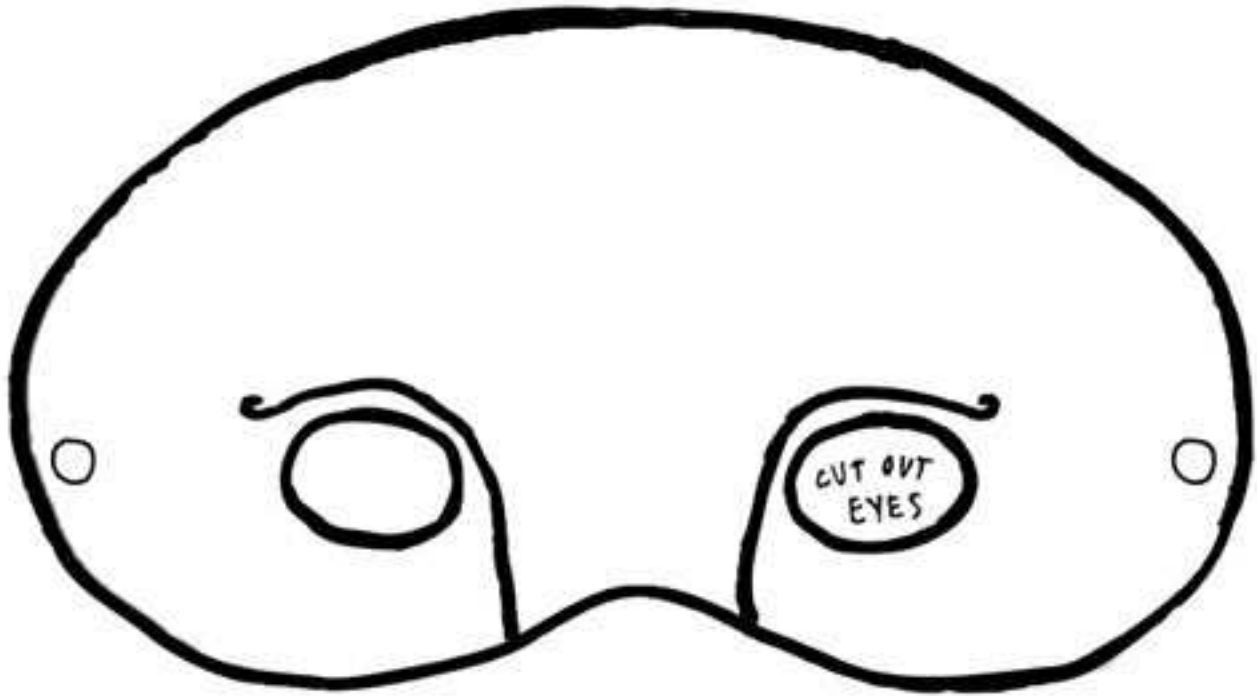
Create a beautiful crown to represent a princess of your choice. Copy this pattern on poster board or cardstock so you can decorate it. Use the long strips attaching them to the sides of the crown to create a band to go around your head.

**Suggestions for decorations:** glitter glue, sequins, stick on rhinestones, ribbons, fringes, tissue paper, streamers, etc.

Make sure you don't make it too heavy so still stands upright when you wear it.



# Mask Pattern– Copy on Cardstock





## Works Cited

### Books:

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- Brocklehurst, Ruth. Princess Things to Make and Do. Tulsa, OK: Usborne Publishing, 2004.
- Drake, Ernst. A Field Guide to Dragons. China: Templar Company, 2007.
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- Dutton Children's Books. A Princess Primer. New York, NY: Dutton Children's Book, 2006.
- Perrin, Pat. The Secret World of Unicorns. Bellevue, WA: Silver Dolphin Books, 2005.
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- Rose, Francis. The Secret World of Mermaids. Bellevue, WA: Silver Dolphin Books, 2005.
- Saxton, Patricia. The Book of Mermaids. China: Shenanigan Books, 2005.

### Websites:

<http://www.pretty-princess-party-ideas.com/Princess-Party-Games.html>

<http://www.pretty-princess-party-ideas.com/Princess-Party-Food.html>

<http://www.yoyolipgloss.com/lip-gloss-recipes.html>

<http://crafts.kaboose.com/bathsalts.html>

The remainder of the information was compiled using the authors imagination and creativity.

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