

Yoshiko's Adventures

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Story Building Activity

This book/kit represents the laser cut patch of Yoshiko. Whenever someone sees Yoshiko on your vest, totebag, or banner they will know that you have contributed to Yoshiko's adventure. She is from Japan. Included in this kit is an introduction about her life, culture, and clothing she wears. In addition there are crafts, games, and recipes that will enhance the knowledge of her country and lifestyle.

Read Yoshiko's story and take the laser cut patch of Yoshiko on an adventure of your own. There are several pages of decorated stationary to write your adventures with Kara on. Don't forget to draw a picture of you and Yoshiko. Pass your book around to your other friends so they can have fun with their own Yoshiko patch as well. If you run out of pages to

write your stories on, you can always add more pages to the book or write on the back of the pages.

After you have completed your adventures with Yoshiko you can **mail** or **email** copies of your stories to Patchwork Designs, Inc. and we will place these stories on Yoshiko's web page it will be fun to see where Yoshiko goes. We will not include full names on the website due to security issues. You will want to keep a laser cut Yoshiko for yourself so you can remember the adventure you went on with her.

The books can be shared to write stories in but can only be copied for the activity sheets or puzzles not in full for distribution. If you would like a copy of this book you can purchase it through Patchwork Designs, inc for only \$3.25.

Use these for Thinking Day events and other group pro-



Yoshiko

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COLLECT OTHER PATCHES OR BOOKS ABOUT JAPAN.

- *Historically Speaking Japan patch and manual.*
- *The Mystery of the Poisoned Sushi. (bar and mystery patch)*



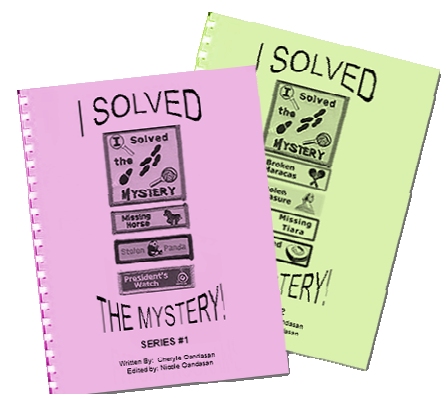
Elizabeth



Maria



Kara



Yoshiko's Adventures



Konnichiwa (koh-knee-chi-wah), Hello, my name is Yoshiko (yo-she-koh). I live in Kyoto (key-oh-toe), the old capital of Japan. It is pretty far from the new capital, Tokyo (toe-key-oh). I live in a small house in the country with my younger brother, Takeshi (tah-keh-she), mother, father, and grandparents.

In Japan we speak Japanese. In the Japanese culture, we bow when we greet someone. The level of respect you hold for someone is shown by the depth of the bow you take when you greet them. A bow can be as small as a nod of the head or as great as touching your head to the floor.



Even though I don't have school until nine, I wake up every day at six-thirty. I put on my school uniform, eat breakfast, and then ride the train for over an hour to school.

My mother wakes up earlier than me and packs my *bento* (ben-toe), which is a lunch box that is usually based on rice. After I get home from school I do homework and then help my grandparents and



parents with our family business: making *kimonos* (key-moh-no).

Kimonos are the traditional clothing of Japan. Japanese people wear them on special occasions such as festivals, weddings, and in plays. A *kimono* is one large piece of material with wide sleeves and it folds in the front. After a *kimono* is tied, it is fitted with one or more large belts called *obi*. *Kimono* are made of silk, and are either hand painted or hand woven. My family weaves the *kimono* silk from scratch and then puts metallic and brightly colored thread with the silk threads to make beautiful butterflies, characters, and flowers. It usually takes about a year to make one *kimono*.



Now Japanese people wear more western clothing, like jeans and t-shirts, so not that many *kimono* are made any more. Making *kimono* is almost always a family business, and it takes years to learn how to make these beautiful robes.



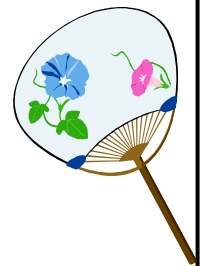
After I help my family with the *kimonos* for a few hours, we eat dinner. I help my mother and grandmother make dinner. We have rice and tea with every meal, and eat it with noodles, stew, fish, or meat. We use chopsticks to eat, and say "*Itadakimasu!*" (ee-tah-dah-key-mah-soo) before every meal to show how thankful we are to the person that made it for us. We also have to take our shoes off in a small area before we enter the house so that we can keep the house clean.

I wonder what kind of customs and traditions you have in your life. Will you take me on an adventure and show me some fun things? Use the following pages to write about our adventures together.

Extra information:

We have included crafts and recipes in this adventure book so you can create a craft, play a game, or create a recipe, from Yoshiko's country.

For more fun representing Japan check out the following programs we offer:



Historically Speaking Japan Patch Program

I solved a Mystery of the Poisoned Sushi Patch Program—

(series # 2)

Recipes

Pocky– (pock-ee) Create your own pocky or purchase it premade at your local global mart.

Pretzel sticks or hard breadsticks
1 package of chocolate melts
wax paper

Melt the chocolate according to the back of the package. The items do not have to be completely covered with chocolate. Give each participant a piece of wax paper and their selected items to dip in chocolate. Mark their name on the waxed paper with a permanent marker. This is where they will place their items as they dip them in the chocolate. No double dipping, finger licking etc. As they dip each item, they place it on their wax paper and continue with the next item. After they are cooled, they can eat them or place them in a ziploc bag to take home.

Yakisoba Noodles (Yaki (ya-key)=fried and soba=buckwheat noodles (sew- ba)

2 packages of Yakisoba Noodle (found at your local global mart)
1/2 small onion, chopped
1 carrot, peeled and sliced
1/2 cup of cabbage, sliced
2 teaspoons of soy sauce or prepackaged sauce in noodle package
1 tsp sesame oil

Slice carrot, cabbage, and onion. Place in pan with heated sesame oil and sauté. Take the vegetables out of the pan. Add the yakisoba noodles and sauce from package. Stirring until all the noodles are coated with the sauce. Add the vegetables back in, cooking until warm to eat.

Green Tea

Tea bag
Boiled water

Boil water and pour into the tea cup. Add the tea bag let seep into water until desired strength. Drink.

Other Items to purchase at Global Stores

Pretz (Stick-like Pretzels) ~Butter or cocoa flavored Pretz, chocolate pretz, or tomato flavored Pretz.

Hard and Soft candies (Gummies) Grape gummies, coke flavored hard candies, Cafe au Lait hard candy, Cracker Nuts, Strawberry Milk Candy, Milk Candy, Pucca Choco Snack, Kasugai Roasted Hot Green Peas, or Cider Soda Pop candy (bubblegum taste).

Games

Jan-Kem-Po Jan (rock)-Kem(paper)-Po(scissors)

Unlimited players and one leader. The leader shouts Jan-Kem-Po, bouncing their fist on the palm of their hand. When they say Po, each person either forms a rock by keeping the fist, forms a paper by opening the fist flat showing the palm, or forms scissors by extending the index and the middle finger in the shape of a V. The object of the game is to defeat the leader. The first player to defeat the leader three times wins and becomes the new leader.

WINNING:

The rock can smash the scissors. The scissors can cut the paper. The paper can cover the rock. So as a result, rock beats scissors, scissors beats paper, and paper beats rock.

If both hands choose the same sign, then it is a tie. Best out of three wins.

Kutsu (shoe)

Choose a person to be it (*hito*). Have the *hito* remove one shoe and let the participants in the group hide it while the *hito* hides their eyes. After the shoe is hid then the *hito* uncovers their eyes and looks for the shoe. If they don't find it after a couple minutes, then someone else is chosen to be it. If they do find it, then they get to be the *hito* again.

O Te Da Ma (Japanese Jacks with bean bags)

Play this game like jacks only by using bean bags. Throw a bean bag up. Catch it with one hand while you scoop up another bag with the other. Continue with next picking up two bags, then three until you can't pick up the bean bags anymore.

Ojiisan (oh-gee-san) Grandfather-Obaasan (oh-ba-san) Grandmother) 10-30 players

Two blindfolds and a bell

Arrange the players in a large circle, facing inward, with three to four feet between them. This is the playing area and the boundaries. Select two volunteers to stand in the center of the circle. One will represent Ojiisan and the other Obaasan. Blindfold the player labeled Ojiisan. The other player will have the bell. The blindfolded player is then turned around 3 times to disorient him or her. The blindfolded player then yells Obaasan. Every time Obaasan is yelled the other player must ring the bell. Neither player may leave the boundaries. The object of the game is to tag player that is not blindfolded, or the Obaasan. Once they are tagged, they will need to switch roles. After they have switched roles new participants are chosen to go into the circle. To make the game more challenging, both participants can be blindfolded. In this case make sure they don't leave the circle by gently redirecting them to the center of the circle.

Yoshiko's Word Search

C U S T T O J Y U R T P N Q A
 C M J M N O O U J T C O R D W
 O E O O O S Y K H H E C I Y I
 L G M S H T K K C B P K G O H
 I I R I S W S N O O S Y I W C
 K C K E Q O U U K G E M D Y I
 D O Z P E L L C C K R L F X N
 E L D D O N A B O S I K A Y N
 I S Y T L Z T D Y I I F N W O
 F S N K L I S E J R I B F M K
 C E J A P A N Y A N R B U Y P
 B C H O P S T I C K S E O I V
 I M A G I R O M Z G I T H T Z
 P A K B R J X H G C O W E C H
 E D B Y J J H P N Q H H R V B

Find the following words in the puzzle above. Some may be two words but they are found as one.

BENTO LUNCH

CUSTOMS

KIMONO

OBI

RESPECT

TOYKO

CHERRY BLOSSOM

GREEN TEA

KONNICHWA

ORIGAMI

RIGIDFAN

YAKISOBA NODDLE

CHOPSTICKS

JAPAN

KYOTO

POCKY

SILK

YOSHIKO

Crafts

Paper Flowers

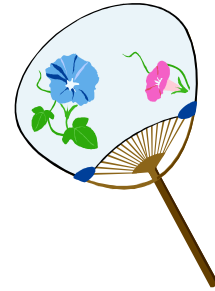


Tissue paper in shades of pink and white
yarn or pipe cleaners
scissors

Cut 4" squares out of the tissue paper, in a variety of vibrant colors. Take 3 squares of tissue paper and fold them like an accordion fan. Stack them on top of each other, vertical. Tie a piece of yarn or twist a pipe cleaner in the middle. Spread each sheet apart one at a time, careful not to rip each layer of tissue paper, fluff it out.

Paper flower is complete and ready for decoration for Hanami or viewing of the cherry blossoms.

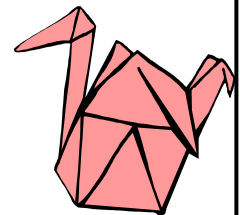
Rigid Fan Fans are important symbols in Japanese culture.



fan pattern (included on the next page)
glue
lightweight tag board or cardstock paper
markers & decoration supplies
Wooden ruler or paint stirring stick for handle
strong packing tape

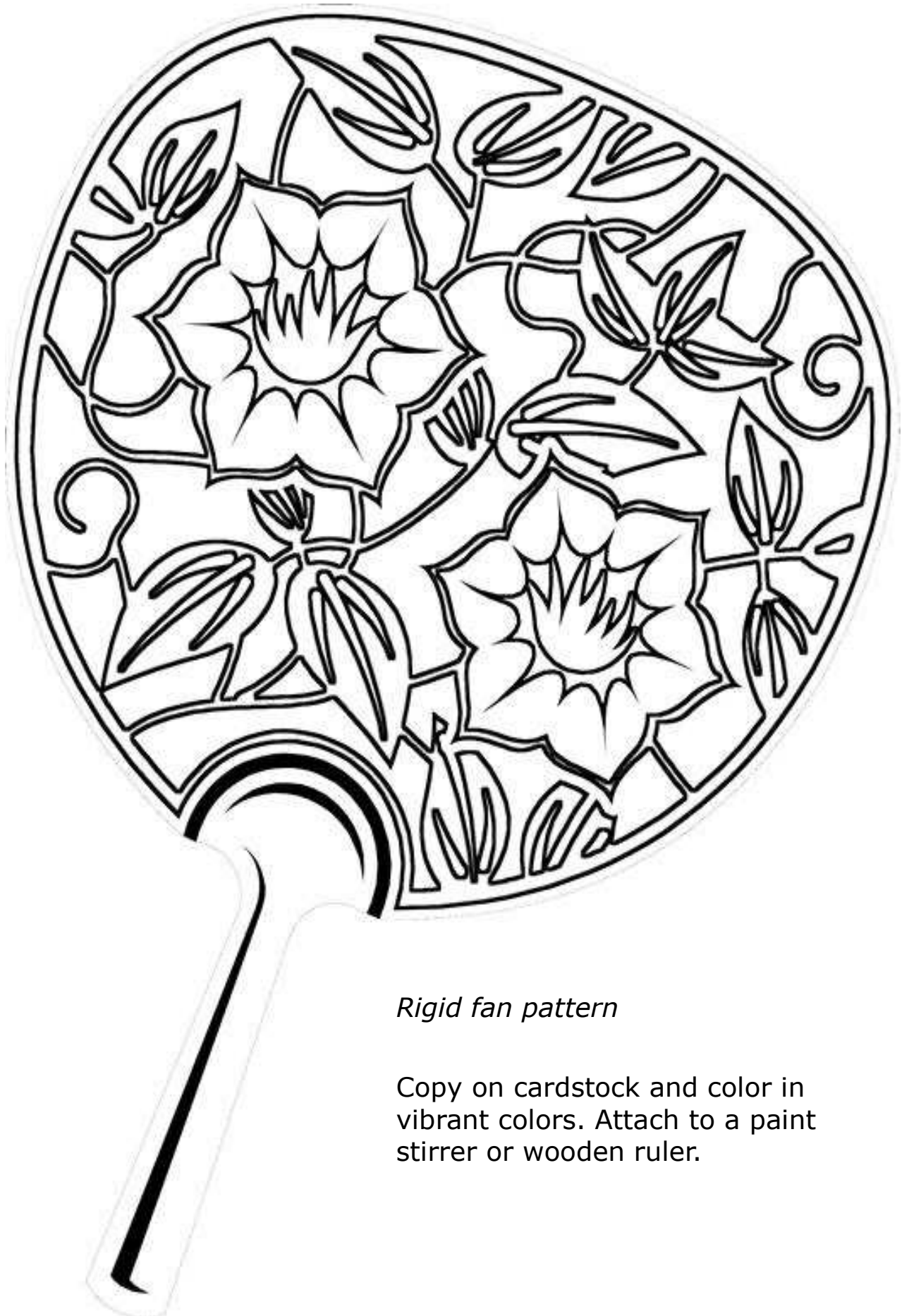
Copy the pattern and Color it. Then, cut it out and glue the fan pattern to the cardstock/cardstock for stability. Cut around the shape, and then, if you wish, decorate the fan with glitter, feathers, sequins, and/or other supplies. Glue the ruler or stick about halfway up the back of the fan and then wrap the handle with strong tape.

Origami- Origami is the art of folding paper into items without using glue or tape. Common symbols are paper cranes, boats, boxes, and frogs.



Using origami paper and a book or website create your own paper folding design. The design for the paper crane can be found in the Patchwork Designs, Inc. manual.

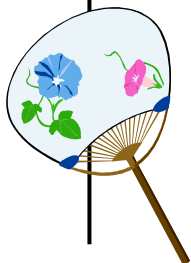
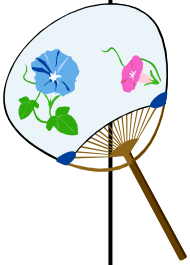
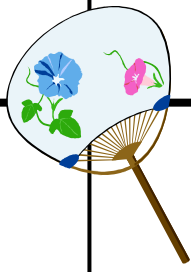
They could also create fortune tellers out of paper.



Rigid fan pattern

Copy on cardstock and color in vibrant colors. Attach to a paint stirrer or wooden ruler.





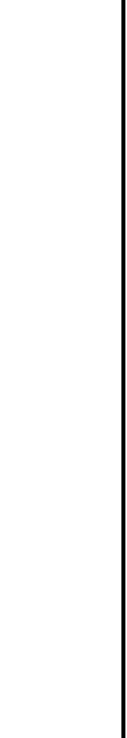
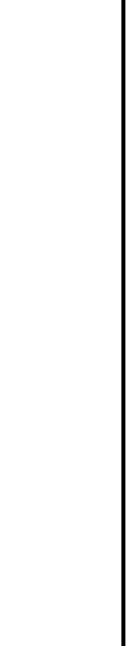


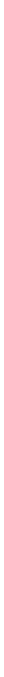
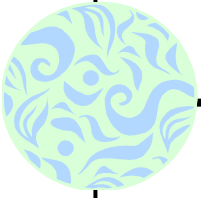




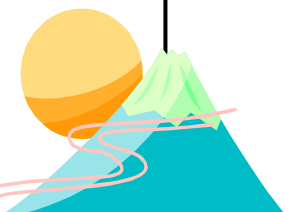
特別 Special

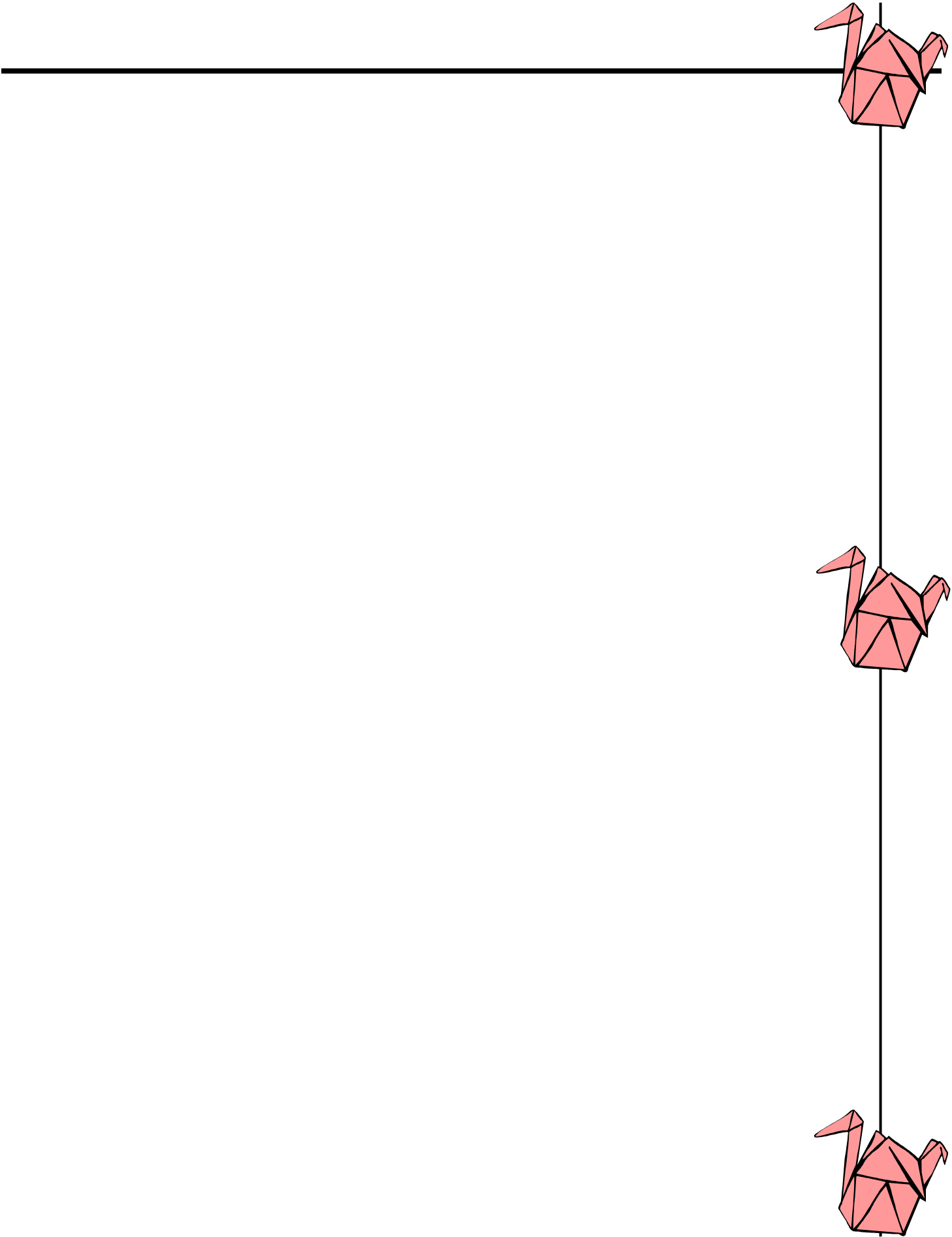
友達













Patchwork Designs, Inc.

ORDER FORM

Please complete this form and mail or fax it to:

Patchwork Designs, Inc.

8421 Churchside Drive
 Gainesville, VA 20155
 (703) 743-9948 PHONE (703) 743-9942 FAX

You can add any additional items to this form that you may need for your event. Ask for bulk rate pricing for your items.

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____ Referred By: _____

Email Address: _____

Discover/MasterCard/Visa# _____ - _____ - _____ or Check # _____

Expiration Date: _____ Have you ordered before? _____

Item #	Description	Quantity	Unit Price	Total Price
Japan	Japan Patch		\$1.85	\$
Jap-Man	Japan Manual		\$6.00	\$
Mys-sushi	I Solved a Mystery Bar-poisoned Sushi		\$1.00	\$
Mys-patch	I solved a mystery Patch		\$1.75	\$
				\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
SUBTOTAL				\$
Regular Shipping & Handling (view chart)				\$
Special Shipping (next day, priority mail etc)				\$
TOTAL ENCLOSED				\$

If you would prefer Priority Mail, please add \$2.00 to the \$4.99 or above shipping category.

Next day service is an average cost of \$28.00 (USPS determines the pricing according to the zone and weight.)

Patches	
1-5	\$3.55
6-20	\$4.99
21-30	\$5.99
31-50	\$6.50
51-70	\$6.99
71-100	\$9.55
101-150	\$10.55
151-200	\$13.00
201-400	\$15.99
401-500	\$17.50
Over 500	Contact us for pricing
Kits or Manuals (shipped Priority Mail)	
1	\$6.99
2	\$9.25
3-5	\$10.75
6-8	\$12.75
10-12	\$15.75
13-20	\$22.25
21-23	\$24.00
Over 24	Contact us for pricing

Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart.