

# Angelia's Adventures

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## Story Building Activity

Take Angelia on an adventure to Thinking day, the movies, dance class or an activity with your friends or family.

This book/kit represents the laser cut patch of Angelia. Whenever someone sees Angelia on your vest, totebag, or banner they will know that you have contributed to Angelia's adventure. She is from Greece. Included in this kit is an introduction about her life, culture, and clothing she wears. In addition, there are crafts, games, and recipes that will enhance your knowledge of her country and lifestyle.

Read Angelia's story and take the laser cut patch of Angelia on an adventure of your own. There are several pages of decorated stationery to write your adventures with Angelia on.

Don't forget to draw a picture of you and Angelia. Pass your book around to your other friends so they can have fun with their own Angelia patch as well. If you run out of pages to write your stories on, you can always add more pages to the book or write on the

back of the pages.

After you have completed your adventures with Angelia you can **mail** or **email** copies of your stories to Patchwork Designs, Inc. and we will place these stories on Angelia's web page it will be fun to see where Angelia goes.

**Email:** [orders@patchworkdesigns.net](mailto:orders@patchworkdesigns.net)

We will not include full names on the website due to security issues. You will want to keep a laser cut Angelia for yourself so you can remember the adventure you went on with her.

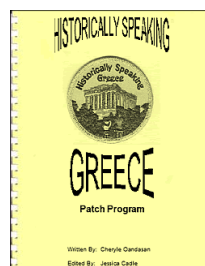
These kits books can be shared to write stories in but can only be copied for the activity sheets, stationery pages, or puzzles.

Great for studying the country for Thinking Day events, winter holiday vacation, summer vacation, or other group projects.

*The recipes and activities presented in this kit are different than the activities in the Greece manual listed below.*

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## COLLECT OTHER PATCHES OR BOOKS ABOUT GREECE

- *Historically Speaking Greece patch and manual*



**Angelia**



# Angelia's Adventures

Hello, my name is Angelia. I am from Greece. I am dressed up today in my traditional clothing because we are celebrating St. Basil Day, also known as Happy New Year.

During the St. Basil celebration, we have parties, feasts, gift giving and receive good luck charms. My mom creates a special cake with a small coin baked inside. When the cake is served, everyone looks inside their piece of cake to see if they have the coin. The person that has the coin will have good luck for the coming year. While we are sleeping tonight, St. Basil will come by our houses and bring presents to us. We never see him we are asleep.



My mom made me a wreath to wear on my head to today to represent that I am training for the Olympics. I started taking gymnastic classes when I was five years old. I really enjoy going to class and my instructor suggested that I start on the training team for competition at local events.



My mom homeschools me because I have to practice so many hours a week. Homeschooling means that an adult teaches you out of the same books that you use at school, but at home. Sometimes we go to local homeschool social groups, where I get to interact with other kids that are also being homeschooled. We have holiday parties, play games, practice science experiments, and create art projects. I have lots of friends my age and we look forward to getting together three times a week.

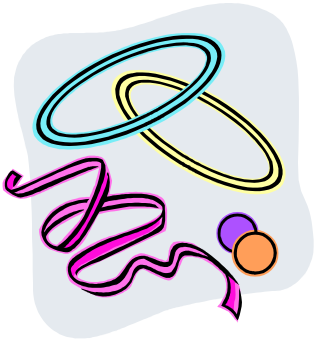


I have to wake up early every morning to practice gymnastics. My dad drives me to the gym on his way to work after breakfast. I practice in the gym and at home everyday. My dad built an area in the basement so I could work on developing my coordination skills and balancing on the bar. As I got older, I practiced my back handsprings, cartwheels,





My favorite part of gymnastics is practicing with the ribbon. I have to learn to create circle, spirals, and throws while performing a routine. If I accidentally form a knot in the ribbon or drop it then I could receive deductions during competition.



I also use hoops and balls in my routines. I throw and roll the balls, jump through hoops, and catch them in mid-air. It takes a lot of practice but I really like working on my gymnastics. I hope one day you will see me in the Olympics!

I'd love to go out into the world outside of the gym and my home and see what your life is like. Would you take me on an adventure? Use the following pages to write about our adventures together.

### Extra information:

We have included crafts and recipes in this adventure book so you can wrap a toga for a costume, play a game, or create a recipe, from Angelia's country.

### Bibliography:

Folk Games of Greece: <http://www.estcomp.ro/~cfg/greekhome.html>

Engfer, Lee. 2004. *Desserts Around the World*, Lerner Publications Company, Minneapolis, MN.

# Recipes

## St. Basil Cake

- 2 cups of butter
- 4 tablespoons of powdered sugar
- 1 egg yolk
- 1 1/2 teaspoon of almond extract
- 4 cups of self rising flour
- 1/2 cup of almonds
- Powdered sugar
- 1 coin, wrapped in foil (to place in the cake)



Begin by placing the butter and sugar in a large mixing bowl and cream it together. Add in egg yolk and almond extract. Gradually add in the flour, mixing as you add it to the bowl. Bring kneading the dough for 60 minutes with a mixer or hands.

Preheat oven to 350 degrees F. Grease a 10 inch round pan. Place the coin in the dough and press the dough into the pan.

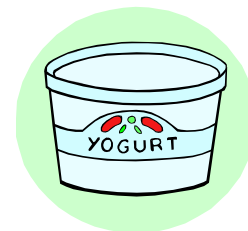
Using a fork poke the top of the dough all over. Sprinkle with almond slivers. Bake for about 25 minutes. Let cool for 10 minutes and then remove from pan. Sprinkle with powdered sugar and serve.

## Yogurt Pie

- 1 1/4 cups of graham cracker crumbs
- 1/4 cup of sugar
- 1/4 cup of softened butter
- 1 teaspoon of cinnamon
- Fresh strawberries or blueberries

### **Filling:**

- 12 oz of ricotta cheese
- 1 1/2 cup of plain yogurt
- 3 tablespoon honey
- 1 teaspoon of vanilla extract



Preheat oven to 375 degrees. Place graham cracker crumbs, sugar, cinnamon, and softened butter in a mixing bowl. Mix together well with a spoon. Pour the mixture into a pie pan and using the back of the spoon, press it into the pan around the edges as well.

Place the crust in the oven and bake for 5-10 minutes.

Place the ricotta cheese in a bowl and beat it with a mixer. Add in the yogurt a little at a time mixing well. Stir in the honey and vanilla. Pour the filling into the pie shell and refrigerate it for 24 hours.

Top the pie with fresh strawberries or blueberries and serve.

# Games

## Toh Mantilakee- [Handkerchief Game]

Eight or more children

Soft ground

Handkerchief or bandana

Divide the children into two teams. If there is an odd number of children, one person can hold the handkerchief, or be the leader. Otherwise, the adult supervising the game should be the leader or referee.

Assign numbers to each player on each team. Making sure the numbers match on each side. Have the teams line up in parallel lines about ten feet apart. Have them line up in order of the numbers assigned with children standing across from them. Each side should be opposite from the other number. See Example. →

1	4
2	3
3	2
4	1

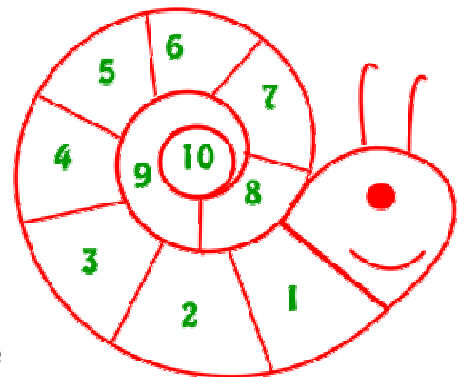
The leader stands between the two lines of players and holds the handkerchief by the corner and drops it in the center. The leader then steps out of the area and then calls a number. The two players that have been assigned that number moves to the center to try and capture the handkerchief without being tagged by the other. Each time a player grabs a handkerchief and returns to their place without being tagged they receive a point. Tagging means they touch the other player. The team with the most points after 5 rounds wins. Players can not tackle, hit, or knock down the player or the other team has an automatic point and they have to sit out for the rest of the game.

## Snail-similar to hopscotch only in a different pattern.

Chalk

Flat driveway or playground

markers (rocks)



Draw a snail on the concrete similar to the one shown on the right. Mark off the sections from 1-10. Make sure that each box is large enough to fit the largest foot of the players so you have plenty of room to hop from space to space.

All the participants that are playing line up in a row. The first person throws the rock into the box with the number 1. If the rock lands inside the square without touching a line, the person hops into the snail from the head. Hop on the same foot over the number 1 box. Then hop from box to box all the way to the box with the number 10 without stepping on any lines. You are out if you step on a line.

When the player reaches the number 10, he or she turns around and hops back through the court, hopping through the squares in reverse order and stopping to pick up his/her marker on the way back. Upon successfully completing the sequence, the player continues his/her next turn by tossing his marker into square two and continuing in a similar fashion until all the blocks are completed. The next player in line goes next and starts with the number 1 spot.

If, while hopping through the hopscotch squares in either direction, the player steps on a line, misses a square, or loses his balance and falls, his/her turn ends. He/She does not get credit for completing that turn and must start at that number their next turn. First player to complete one course for every numbered square wins.

# Angelia's Word Search

W A F L B T F U Z I E Q F R H  
 Q W N H O I L Q Q R Q V V C C  
 K Q A G T O J Q U O W E O S T  
 Y G N T E P H T J V C M D T O  
 T N L O O L N C I Q P V H B C  
 R P M O B E I R S E D J Q A S  
 A B H O V B H A T E N W G S P  
 P Y V D V A I I J L M R U I O  
 H T A E R W T R B V E O O L H  
 O L Y M P I C S I E D W H C Y  
 V H G L O V E H C T E C E Z J  
 C Y V N T N Z E V O O X R N N  
 S C I T S A N M Y G A G L D J  
 U J Y L I X D N H Y S A A J Z  
 B A L L P K J V E V X B A X C

Find the following words in the puzzle above. Some may be two or three words, but they are found as one.

ADVENTURE

COMPETITION

HOMESCHOOL

OLYMPICS

ST BASIL

ANGELIA

GREECE

HOOP

PARTY

TOGA

BALL

GYMNASTICS

HOPSCOTCH

RIBBON

WREATH

# Crafts

## How to Wrap a Toga

White fabric [4 yards for child]

Safety pins

White t-shirt and shorts [wear underneath toga]

Place the corner of a fabric and tuck it inside your shorts waistband. Wrap it around you once and secure it with a safety pin. A good length is to your knees or a little lower.

Drape the remainder of the fabric over the opposite side of where you pinned it. After bringing it across your chest, bring it around your back and pin it at your waist again.

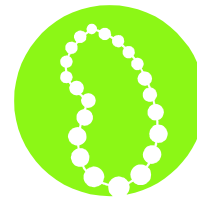
**Optional:** Drape gold beaded necklaces, a small pieces of gold fabric or piece of gold cording from the fabric store to accent your look.

**Hairstyle:** Place your hair in a bun and wrap gold cord around the bun. OR Add a wreath of ivy or greenery to your head.

## Gold Necklace

Gold beads

Stretch cord



Drape a piece of cord around your neck the length you would like your necklace to be. Tie a knot at one end of cord so the beads won't come off as you are beading them. Continue to place the beads on the cord, leaving enough at the end to tie the two ends together with a secure knot.

## Banded Bracelet [Use as a bracelet or wear on your upper arm]

Memory wire bracelet

Gold beads and other round beads

Needle nose pliers

Use the pliers to bend the end of the memory wire bracelet into a small loop. This will hold the beads in place. String on two gold beads. String on a different colored round bead, followed by two more gold beads. Continue until you have completed your bracelet. Bend a small loop and the end.

**Optional:** You can create any pattern you like with the beads for your own unique design.



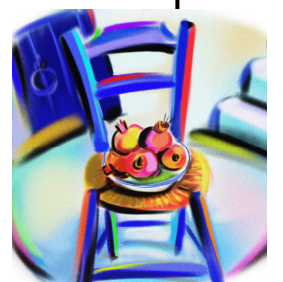


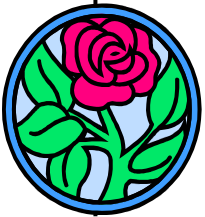
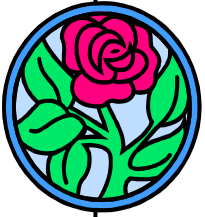
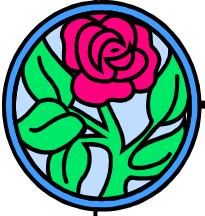


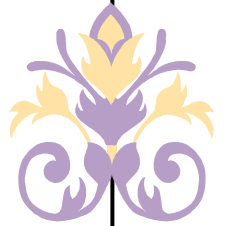
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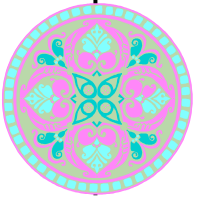
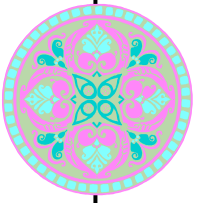
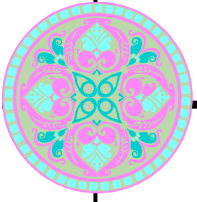
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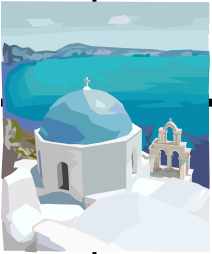






















**ORDER FORM**

Please complete this form and mail or fax it to:

**Patchwork Designs, Inc.**  
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You can add any additional items to this form that you may need for your event. Ask for bulk rate pricing for your items.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_ Referred By: \_\_\_\_\_

Email Address: \_\_\_\_\_

Discover/MasterCard/Visa# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ or Check # \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Have you ordered before? \_\_\_\_\_

Item #	Description	Quantity	Unit Price	Total Price
Greece	Greece Patch		\$1.85	\$
GREC-MAN	Greece Manual		\$6.00	\$
				\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
SUBTOTAL				\$
Regular Shipping & Handling ( <a href="#">view chart</a> )				\$
Special Shipping (next day, priority mail etc)				\$
TOTAL ENCLOSED				\$

## SOLUTION TO WORD SEARCH

```

+ A + L + + + + + E + + + H
+ + N + O + + + + R + + + C C
+ + + G + O + + U + + + O S T
Y + N + E P H T + + + M + T O
T + + O O L N C + + P + + B C
R + + O B E I + S E + + + A S
A + H + V B + A T E + + G S P
P + + D + + I I + + M R + I O
H T A E R W T R + + E O + L H
O L Y M P I C S + E + + H + +
+ + + + O + + + C T + + + + +
+ + + N + + + E + + O + + + +
S C I T S A N M Y G + G + + +
+ + + + + + + + + + + A + +
B A L L + + + + + + + + + + +
    
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Over,Down,Direction)  
 ADVENTURE(3,9,NE)  
 ANGELIA(2,1,SE)  
 BALL(1,15,E)  
 COMPETITION(14,2,SW)  
 GREECE(13,7,SW)  
 GYMNASTICS(10,13,W)  
 HOMESCHOOL(13,10,NW)  
 HOOP(3,7,NE)  
 HOPSCOTCH(15,9,N)  
 OLYMPICS(1,10,E)  
 PARTY(1,8,N)  
 RIBBON(8,9,NW)  
 STBASIL(14,3,S)  
 TOGA(10,11,SE)  
 WREATH(6,9,W)

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